FOR MULTI ATHLETE'S DECATHLON-HEPTATHLON-PENTATHLON-TRIATHLON

AAU NATIONAL MULTI **EVENT** COMBINE







- ATHLETE CLINIC
- COACHING CLINIC
- COMBINED EVENT **COMPETITION**

March 18-20, 2022

Friday 4pm-8pm PST Saturday 9am PST Sunday concludes at 5:30pm PST

AAU Membership Guidelines:

-THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF THE U.S., INC.

-ALL PARTICIPANTS MUST HAVE CURRENT AAU MEMBERSHIP BEFORE COMPETITION BEGINS (PENDING STATUS NOT ACCEPTABLE)

-VISIT WWW.AAUSPORTS.ORG TO OBTAIN MEMBERSHIP (CLUB,NON-ATHLETE AND ATHLETE MEMBERSHIP REQUIRED)

-MEMBERSHIP IS NOT INCLUDED IN THE EVENT ENTRY FEE

-BE PREPARED: ADULT AND NON-ATHLETE MEMBERSHIPS ARE NO LONGER INSTANT AND CANNOT BE APPLIED FOR AT THE EVENT. PLEASE ALLOW UP TO 10 DAYS FOR MEMBERSHIP

REGISTRATION AT WWW.COACHO.COM CONTACT COACH RICHARDSON

562-441-4239 CHRISRICH169@GMAIL.COM