

# 2021 AAU North American Powerlifting, Bench, Deadlift, Push/Pull and Strict Curl Championships

## WORLD RECORDS CAN BE SET

### Harrah's Hotel Casino Ballrooms and Rio Vista Amphitheater, Laughlin NV

**YOU MAY EITHER POWERLIFT, BENCH, DEADLIFT OR PUSH/PULL, STRICT CURL OR ALL COMBINATIONS!**

**Date:** April 9-11 2021 **Location:** 10,000 sq ft ballroom and 2,000 Seat Rio Vista Amphitheater . Spring **Break on the River.** and Feats of Strength. Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP. Average April temp on the river is 86 degrees.

**Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.**



**Testing:** Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.  
**Eligibility:** Must be a current member of the AAU.  
**Divisions:** All weight classes listed below are provided in all divisions for **both men and women. Both Raw and equipped**

**Youth** (6-7,8-9,10-11,12-13) **Raw Teen**(14-15,16-17,18-19),**Teen**(14-15,16-17,18-19)**Junior**(20-23) **Open, Lifetime, Sub-Masters**(35-39)**Masters** 40-44,45-49 etc. in 5 year, **Lifetime Masters, Raw Youth, Raw Teen, Raw Junior, Raw Open, Raw Lifetime , Raw Sub masters, Raw Masters**(40-44,45-49 etc. in 5 year increments) **Raw Lifetime Masters** (5 Yrs) **Military/ Law/Fire/Military** (active, retired, reserves) , **Disabled by weight and age Blind/Dwarf/Wheel Chair. High School**

**Weight Classes:** Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220 ,242, 275,308, 308+  
Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+

**Weigh-ins:** Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am to 8:30 am the morning of the applicable lifting session. See lifting schedule

**Lifting Sched:** 8:30 A.M: 04/09/21 all **Women plus Men148 and under ALSO ALL DISABLED LIFTERS**  
8:30 A.M 04/10/21 for **Men 165-181**  
8:30 A.M 04/11/21 for **Men 198-308+**

**Awards:** Plaques/Trophies First thru Fifth (MINIMUM) Best lifter awards in many divisions.  
Team Trophies first thru fifth

**Fees:** \$90 for first division entered \$45 crossover, for each additional class.  
All lifters must have a current AAU membership card \$24 adult \$14 youth

**AAU CARDS** AVAILABLE ONLINE AT [WWW.AAUSPORTS.ORG](http://WWW.AAUSPORTS.ORG) `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

**Hotel Info:** Harrahs's Hotel Casino reference: (702) 298-4600 Block # S04AAU1 HOTEL HOTLINK  
<https://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S04AAU1>

**Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY! BLOCK CLOSSES March 9 2021 OR WHEN SOLD OUT WHICHEVER COMES FIRST**

**Spectator Fee:** \$10 per day, except officials and lifters entered.

**Video Tapes:** VIDEOING ALLOWED

**ENTRY DEADLINE IS March 10 - LATE ENTRIES WILL NOT BE ACCEPTED!**

**NO REFUNDS !!!! Make checks or money orders payable to:**

Martin Drake  
1993 thunder ridge circle  
Henderson, NV 89012  
310-953-5030

**E-MAIL [NATURALPOWER@EARTHLINK.NET](mailto:NATURALPOWER@EARTHLINK.NET)**

**LIFTERS QUALIFY FOR 2020 AAU WORLDS IN IN OCTOBER AT THE RIO IN LAS VEGAS MEET WILL BE CAPPED AT 200 LIFTERS (max of 150 in the full pl meet)**

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership

**2021 AAU North American Powerlifting, Bench, Deadlift, Push/Pull and Strict Curl  
Championships  
WORLD RECORDS CAN BE SET**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ A.A.U. # \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Weight Class \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Sex \_\_\_\_\_  
E-Mail address \_\_\_\_\_

PLACE "P" for Powerlifting "B" for Bench, "D" for Deadlift, "C" For Pushpull "CURL" FOR STRICT CURL  
in appropriate block!

**Equipped**

Open: \_\_\_\_\_ Teen \_\_\_\_\_ Youth \_\_\_\_\_

Junior \_\_\_\_\_ Sub Master: \_\_\_\_\_ Master: \_\_\_\_\_ Military/ Law/Fire/Military: \_\_\_\_\_

Lifetime \_\_\_\_\_ Lifetime Masters \_\_\_\_\_

**Raw**

Raw Open: \_\_\_\_\_ Raw Teen: \_\_\_\_\_ Raw Youth: \_\_\_\_\_

RAW HIGH SCHOOL \_\_\_\_\_

Raw Junior \_\_\_\_\_ Raw Sub Master: \_\_\_\_\_ Raw Master: \_\_\_\_\_

Raw Lifetime \_\_\_\_\_ Raw Lifetime Masters \_\_\_\_\_

Raw Military/ Law/Fire/Military: \_\_\_\_\_ Disabled: \_\_\_\_\_ (specify, Dwarf, Blind, Wheel  
Chair) High School \_\_\_\_\_

**AAU Powerlifting Waiver and Consent**

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(so, or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent or Guardian: \_\_\_\_\_ if under age 21

# 2021 AAU North American Weightlifting and Single Lift Weightlifting and Power Clean Harrah's Hotel Casino Ballrooms and Rio Vista Amphitheater, Laughlin NV

**YOU MAY EITHER DO THE FULLWEIGHTLIFTING, OR THE SINGLE LIFTS FOR THE SNATCH OR C&J OR ALL  
ALL WORLD & NEW AMERICAN RECORDS WILL BE SET !!!!!**

**Date: April 9-11 Location:** 10,000 sq ft ballroom and 4,000 Seat Rio Vista Amphitheater . Spring **Break on the River.** and Feats of Strength. Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP. Average April temp on the river is 85 degrees.

**Our rate is only \$30/night. Sun-Thursday and \$70/Night Fri. and Sat**



**Testing:** Any athlete entered may be subjected to drug testing per the AAU Policies and procedures.

**Eligibility:** Must be a current member of the AAU.

## **Divisions:**

**Youth** (6-7,8-9,10-11,12-13) **Teen**(14-15,16-17,18-19)**Junior**(20-23) **Open, Sub-Masters**(35-39)**Masters** 40-44,45-49 etc. in 5 year, **Lifetime Masters**), **Law/Fire** (active, retired), **Military**(active, retired, reserves) ,

**WEIGHT CLASSES: AS OF JAN 1 WEIGHT CLASSES WILL BE THE SAME AS POWERLIFTING.**

## **LADIES:**

**30KG, 35KG, 40KG , 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 100+KG**

**MEN: 30KG, 35KG, 40KG , 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 110KG, 125KG,140KG, 140+KG**

**Weigh-ins:** Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am to 8:30 am the morning of the applicable lifting session. See lifting schedule

## **Lifting Sched:**

8:30A.M 04/10/21 all **Women and Men 75KG and below**

8:30 A.M 04/11/21 for **Men > 75KG**

**Awards:** Trophies First thru Fifth (MINIMUM) Best lifter awards in many divisions

Team Trophies first thru fifth

**Fees:** \$90 for first division entered \$45 crossover, for each additional class  
All lifters must have a current AAU membership card \$24 adult \$14 youth

**AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL**

**Hotel Info:** Harrah's Hotel Casino (702) 298-4600 reference: Block # S04 AAU 1 HOTEL HOTLINK

<https://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S04AAU1>

**Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY! BLOCK CLOSSES March 8 2021 OR WHEN SOLD OUT WHICHEVER COMES FIRST**

**Spectator Fee:** \$10 per day, except officials and lifters entered.

**Video Tapes:** VIDEOING ALLOWED

**ENTRY DEADLINE IS March 10 - LATE ENTRIES WILL NOT BE ACCEPTED!**

**NO REFUNDS !!!! Make checks or money orders payable to:**

Martin Drake

1993 thunder ridge circle

Henderson, NV 89012

310-953-5030

**E-MAIL ,NATURALPOWER@EARTHLINK.NET**

**MEET WILL BE CAPPED AT 100 LIFTERS**

**Top 3 in each weight class qualify for the AAU World Weightlifting Championships Oct 2021 in Las Vegas**

# Harrah's Hotel Casino Ballrooms and Rio Vista Amphitheater, Laughlin NV

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ A.A.U. # \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Weight Class \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Sex \_\_\_\_\_  
E-Mail address \_\_\_\_\_

PLACE WL for weightlifting, SN for Snatch only or CJ for Clean and Jerk only PC for Power Clean in appropriate block!

Open: \_\_\_\_\_ Teen \_\_\_\_\_ Youth \_\_\_\_\_

Junior \_\_\_\_\_ Sub Master: \_\_\_\_\_ Master: \_\_\_\_\_ Law/Fire: \_\_\_\_\_

Military \_\_\_\_\_ Lifetime Masters \_\_\_\_\_

## **AAU Weightlifting Waiver and Consent**

In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent or Guardian: \_\_\_\_\_ if under age 21

# 2021 AAU North American Bodybuilding, Figure, Physique and Bikini Harrah's Hotel Casino Ballrooms and Rio Vista Amphitheater, Laughlin NV

**Date:** April 10 2021 **Location:** Harrah's Showroom.. Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates

WILL GO UP. Average April temp on the river is 86 degrees

**Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.**



**Date : Saturday April 10**

**Testing:** Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.

**Eligibility:** Must be a current member of the AAU.

**Divisions:** Bodybuilding AND CLASSIC BODYBUILDING: Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Physique: Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Figure Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN

Bikini Novice, Teen (18-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN also

SPORTS MODEL Teen (14-19) Jr 20-23, Submasters 35-39 ,Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Mixed Pairs Open, Masters, Theatrical

Classic Swim Wear Teen (14-19) Jr 20-23, Submasters 35-39 ,Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Fitness Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Angel Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + WOMEN

**Athletes in the masters division may compete in a lower age masters class IF THEY ARE ALREADY ENTERED IN THEIR RESPECTIVE AGE GROUP. All athletes are encouraged to compete in the open division**

**Height Classes:** In each class/division, 3 athletes and under will be a single class. 4-6 will be two classes 7+ 3 classes

**We will not combine age group classes if even one athlete is pre-entered.**

**Schedule :** **Early Check-in Athletes entered may check-in between 5:00-6:00 PM April 9 or at the regular check- in.**

**Regular Check-In begins at 9:00 A.M. April 10**

**Awards:** Medals First thru third (MINIMUM) Overall awards in many divisions.

Team Trophies first thru third

**Fees:** **\$90** \$45 crossover, for each additional class.

All athletes must have a current AAU membership card \$24 adult \$14 youth

**AAU CARDS AVAILABLE ONLINE AT [WWW.AAUSPORTS.ORG](http://WWW.AAUSPORTS.ORG) `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL**

**Hotel Info:** Harrahs's Hotel Casino (702) 298-4600 reference: Block # S04 AAU 1

**Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY! BLOCK CLOSSES November 3 2020 OR WHEN SOLD OUT WHICH EVER COMES FIRST**

**HOT LINK :** <https://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S04AAU1>

**Spectator Fee:** \$10 per day, except officials and lifters entered.

**Video and Photos:** **CELL DEVICES ONLY**

**ENTRY DEADLINE IS March 10 - LATE ENTRIES WILL NOT BE ACCEPTED!**

**NO REFUNDS !!!! Make checks or money orders payable to:**

**Martin Drake**

**1993 thunder ridge circle**

**Henderson, NV 89012**

**310-953-5030**

**E-MAIL [NATURALPOWER@EARTHLINK.NET](mailto:NATURALPOWER@EARTHLINK.NET)**

**QUALIFIER FOR AAU WORLDS OCT 2021 AT THE RIO IN LAS VEGAS**

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
  - All participants must have a current AAU membership.
  - AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
  - Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership

# 2020 AAU North American Bodybuilding, Figure, Physique and Bikini

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ A.A.U. # \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Weight Class \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Sex \_\_\_\_\_  
E-Mail address \_\_\_\_\_

Bodybuilding TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

PHYSIQUE TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

FIGURE TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

BIKINI TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

ANGELS TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

SPORTS MODEL TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

PAIRS OPEN \_\_\_\_\_ (PARTNER NAME \_\_\_\_\_) PAIRS MASTERS \_\_\_\_\_ (PARTNER NAME \_\_\_\_\_) PAIRS  
THEATER \_\_\_\_\_ (PARTNER NAME \_\_\_\_\_)

CLASSIC BODYBUILDING TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

CLASSIC SWIMWEAR TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

FITNESS TEEN \_\_\_\_\_ NOVICE \_\_\_\_\_ 20-23 \_\_\_\_\_ 35-39 \_\_\_\_\_ Open \_\_\_\_\_ MASTERS 40-49 \_\_\_\_\_ 50-54 \_\_\_\_\_ 55-59 \_\_\_\_\_  
60-64 \_\_\_\_\_ 65-69 \_\_\_\_\_  
70-79 \_\_\_\_\_ 75-79 \_\_\_\_\_ MASTERS 80+ \_\_\_\_\_

## AAU Bodybuilding Waiver and Consent and hold harmless agreement

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by AAU Strength Sports. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the by AAU Strength Sports

I understand that both the collection process and testing procedures will be performed by a third party (not by AAU Strength Sport or AAU)I hereby release, discharge and covenant not to sue the by AAU Strength Sports and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

I also agree to hold harmless Rancho Buena Vista High School, Vista Unified School District and the respective Employees and Administrators harmless.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent or Guardian: \_\_\_\_\_ if under age 21

**AMATEUR ATHLETIC UNION STRENGTH SPORTS  
DRUG-TESTING CONSENT FROM**

By signing this form, I \_\_\_\_\_ affirm that I am aware of the  
(Please Print Name)

Amateur Athletic Union Strength Sports drug-testing program and have read the Adult Substance Abuse Program Summary.

I acknowledge that doping or the use of drugs before or during competition is prohibited and a violation of the AAU Code.

I consent and agree to urine drug testing to participate in any and all AAU Strength Sports events.

I understand and agree that the collection process and testing procedures will be performed by a third party and in accordance with the AAU Strength Sports Testing Policy.

I acknowledge that AAU Strength Sports shall notify me of the results of the test by certified mail, return receipt requested, to the address I provide below.

I FURTHER ACKNOWLEDGE AND AGREE THAT SHOULD NOTICE OF A POSITIVE TEST BE RETURNED FOR ANY REASON TO AAU Strength Sports, AAU Strength Sports SHALL HAVE THE RIGHT TO POST MY NAME ON THE SUSPENSION LIST LOCATED ON THE WEB PAGE OF AAU Strength Sports.

I acknowledge that if I test positive, refuse to be tested, and/or fail to appear for testing, I will automatically be disqualified from any and all AAU Strength Sports events and may be subject to further penalties and/or sanctions under the policies and procedures set forth in the AAU Code.

I acknowledge that I may request a hearing before the AAU Review Board to challenge my disqualification from any and all AAU Strength Sports.

I acknowledge and agree that this Consent shall be in effect for one (1) year from the date of signing. The parties herein agree that if any part of this Consent shall be deemed invalid and/or unenforceable, the remaining terms and provisions of said Consent shall remain in full force and effect.

I acknowledge that I have read this Consent and fully understand and agree with its contents. I further acknowledge that if I am selected to be tested, I may be required to sign another Consent Form.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Country \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

MEMBERSHIP NUMBER \_\_\_\_\_ RENEWAL \_\_\_\_\_ NEW MEMBER \_\_\_\_\_

WITNESS (PRINT NAME) \_\_\_\_\_

SIGNATURE OF WITNESS \_\_\_\_\_