



Spring Fling Invitational Swim Meet
Saturday, April 12, 2025
Diane Sayre Recreation Center
1500 Truman Blvd, Caruthersville, MO 63830
9:00 a.m.

Events are open to all age groups and Master's (19+) swimmers.
We will have mixed relays (2 boys and 2 girls) and heats will be mixed gender/pre-seeded.

Sanction: AAU Event Code:

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
 - AAU Youth athlete membership must be obtained before the competition.
 - **Non-Athlete memberships cannot be applied for at an event.**
 - **Due to background screenings, please allow up to 10 days for the adult memberships to be processed.**
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Note: any contacts listed within this flyer MUST have a current AAU membership.

Doors will open at 7:45am

Warm-up: Time and Lanes to be determined based on number of swimmers

Facility: 25-yard short course, 8 lanes, Colorado Timing System plunger. 25-yard events will start from the turn end of the pool. All event will end at the blocks.

Eligibility: AAU registered athletes. The age of the swimmer as of **April 12, 2025** will be the athlete's competition age.

Ages: 8 & under, 9-10 years, 11-12 years, 13-14 years, 15-18 years, & Masters 19+

Relays: Medley and free: 10 & under (100 meters), 18 & under, and Masters 19+ (200 meters)
Mixed medley and free relays- 2 boys & 2 girls (100 meters 10 & U and 200 meters all ages)
Mixed club free relays- (Just for fun...100 meters 10 & U and 200 meters all ages)

Officials: Officials are welcome and needed. As a thank you, each official gets to have one child swim for free.

Officials meeting is at 8:30 a.m.

Coaches: Coaches meeting is at 8:50 a.m.

Timing: Colorado Timing System with plungers. Stop watches are used for back up times. Volunteers from each team will be asked to time. We will need two timers per lane.

Timers' meeting is at 8:40 a.m.

Events: 25, 50, 100-meter events (in each stroke) as well as the 100 IM, 200 IM, 200 free, 200 back, and 200 breast, medley relays, mixed medley relays, free relays, and mixed free relays.

- All events are TIMED FINALS
- Submit swimmer's best SHORT COURSE METER times for proper seeding
- All events are open to all age groups & Masters 19+
- Over the top starts may be done for all events that are 50+ (depends on number of swimmers entered)
- No bull pen will be used.
- **Heats will be mixed gender and pre-seeded by time (all ages swim together).**
- **Meet will include medley and free mixed relays (2 boys and 2 girls).**
- **100 relays 10 & under and 200 relays 18 and under.**
- **Results will be separated into age groups and gender.**

Scoring: Individual 9, 7, 6, 5, 4, 3, 2, 1 and Relays 18, 14, 12, 10, 8, 6, 4, 2

Results: Will be posted on Meet Mobile

Awards: Heat winners from each gender will be responsible for picking up their award from the timers. Ribbons: Individual 1st-8th, and Relays 1st-4th,

Entry Limit: Each swimmer may swim a maximum of 5 individual events and 2 relays. Mixed relays are included in the event limit. Mixed club relays are not included in the event limit.

Entries: All teams are encouraged to enter the meet with Hy-Tek. **Entries need be sent to Carl Knapp at seismiccrushswimteam@gmail.com by 8:00 p.m. on Tuesday, April 8, 2025.** Please include a contact name and phone number with the entries as well as how many officials you are bringing. An e-mail that your entries were received will be sent to you. **Deck entries will only be accepted the day of the meet IF the swimmer is already registered for the meet, and IF there is an open lane. No new heats will be created.**

Adult Entries: 1. Join the AAU as a member at www.aausports.org. 2. If not entering with a team, please download the free Hytek Lite Software <https://hytek.active.com/downloads.html> 3. Get the event file by e-mailing www.perryvillepiranhas@gmail.com and then e-mail the completed HyTek TM file back with a contact name and phone number. An e-mail that your entries were received will be sent to you.

Entry Fee: \$25 per swimmer. All fees are due before the start of the meet.

. Please make team checks payable to: Seismic Crush Swim Team.

Hospitality: Will be provided for coaches, officials, and timers

Meet Directors: Carl Knapp, seismiccrushswimteam@gmail.com, 660-591-3038

Rules/Safety: This is an AAU sanctioned meet and USA rules shall govern the meet. Possessing a still, video camera, or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will be asked to leave the meet. Please remind parents that any concerns should be directed to their child's coach and NOT to any officials or coaches of other teams. **No alcohol, vaping, or smoking. No glass containers allowed in the park.**