



AAU LAKE ERIE REGION 4 TRACK AND FIELD REGIONALS



Thursday, June 27-Sunday, June 30, 2024

Baldwin Wallace University Finnie Stadium 141 East Bagley Rd. Berea, Ohio 44017

HOST: Cleveland Mustangs Track Team

MEET DIRECTOR: Jerry Odom Phone: 216.269.7066 Email: coachjodom@gmail.com

REGISTRATION: Wolf Creek Timing Phone: Email: info@wolfcreektrackclub.com

RATIONALE: The 2024 Regional has been designed to place an emphasis on promoting the sport of track and field in Ohio and the surrounding area.

ELIGIBILITY: All athletes who have placed in the top 16 at an AAU District Qualifier will be eligible to compete at this event: the AAU LAKE ERIE Region 4 Championships (only in the event/s within which they qualified). Relay teams entered must have competed at the District level. All relay member guidelines will be enforced as stated in the 2024 AAU Track and Field Handbook. Athletes competing in the Multi-Events, Steeplechase, and Pole Vault are "EXEMPT" from previously competing in a District Meet competition to be eligible to compete at this Regional Qualifier. AAU Track & Field athletes and clubs are only eligible to compete in their assigned/area Region.

QUALIFYING: This event is a national qualifying event. In TRACK & FIELD, the top 5 finishers in every running event, top 5 in field events; and top 5 in relays will qualify to compete in the AAU Junior Olympic Games. Multi-event the top 3 multi-event athletes will qualify to compete at the AAU Junior Olympic Games.

OTHER EVENTS THAT ATHLETES MAY COMPETE IN TO QUALIFY FOR THE JUNIOR OLYMPICS:

The top eight (8) finishers in each event and each age division qualify from the:

1. AAU Primary National Championships (combined results)
2. AAU Club Championships
3. AAU West Coast National Championship
4. West Coast Unity Games to the AAU Junior Olympic Games

These are the only methods of qualification for competition in the Junior Olympic Games.

JUNIOR OLYMPIC GAMES DECLARATION: All athletes must declare their entry by registering online at coacho.com no later than a date TBD 2024, per AAU. Visit: <https://aaujrogames.org/TrackFieldMultiEvents> for more information.

AAU MEMBERSHIP: All athletes must have a valid AAU membership at the time of registration on coacho.com. Coaches must have a valid AAU membership at the time of registration on coacho.com. Coaches who are not listed on coacho.com coach membership list will not receive Coaches' Passes.

EVENT LIMITATIONS: All competitors in the 8 & under through 12-year-old age divisions will be limited to maximum of (3) three events per competitor, including relays but excluding multi-events (No multi-events in the 8 & under Age Division). All competitors in the age 13-18 divisions will be limited to a total of (4) four events per competitor, including relays but excluding multi-events.

AGE DIVISIONS: Individual and Multi-Event Age Determination Athletes must have a copy of their birth certificate available for age verification when requested. The athlete's year of birth shall determine the age division in which he/she will compete for individual events. Athletes who are still eighteen (18) years of age through the final day of the 2024 AAU Junior Olympic Games will be eligible to compete.

ENTRY FEE: Multi-Events - \$30.00 per athlete with current AAU card
Track & Field Events - \$30.00 per athlete with current AAU card
RELAY TEAMS There is no additional entry fee for relay events as long as the following criteria have been met: All competitors and alternates are registered members of the AAU who have each paid the individual entry fee of \$30.00.

SPECTATORS: Admission is \$18/day **OR** \$38/4 days children 5 & under free. Coaches must have wrist bands. Athletes must have bib numbers.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete, no substitutions allowed after submission. All athlete entries must be made online. Spectator fees are per spectator, no substitutions allowed after submission.

COACHES PASSES:

Coaches Passes – all coaches must have a registered AAU Membership to receive a Coaches Pass	
1-5 Athletes	1 Coaches Pass
6-10 Athletes	2 Coaches Passes
11-15 Athletes	3 Coaches Passes
16-25 Athletes	4 Coaches Passes
26-35 Athletes	5 Coaches Passes
36-56 Athletes	6 Coaches Passes
57+	7 Coaches Passes

ENTRY DEADLINE: Online entries can only be done online at coacho.com. The online entry deadline is Sunday, June 23, 2024 @ 11:59pm Eastern Standard. Online registration will NOT be reopened after closing time. Therefore, you must make all final changes and pay before closing time on Sunday, June 23, 2024. Revisions to the roster and events can be made online before the registration deadline. You cannot swap one athlete for another. There will be “NO” exceptions to this rule. The person who registers the athlete online assumes all responsibility for what is entered online. Once the performance list is posted NO CHANGES WILL BE MADE.

AWARDS: Top three (3) place finishers in each event will receive medals. Awards can be picked up at the awards table at the conclusion of the meet. Medals will not be mailed. It is the responsibility of **ONE** DESIGNATED TEAM OFFICIAL to pick up the team awards packet before leaving meet.

PACKET PICKUP: Thursday & Friday all day, Saturday & Sunday from 7:30am-8:30am at the gate.

PROTESTS: Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be

filed at once, but in any case, not more than 30 minutes after the result has been announced. Protests MUST be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a cash deposit of \$75.00. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.

RESULTS: Results will be posted online at coacho.com.

COMPETITOR: Competitor bib numbers will be issued at athlete check-in. All athletes will be required BIB NUMBERS: to wear their Bib numbers on the front of your competition singlet always during competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the awards pavilion.

IMPLEMENTS: Meet management will not supply implements. Athletes may bring their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event. Implements will be weighed in at the Cuyahoga County Fair Grounds stand throughout the day an hour before the age group competition. Failure to weigh in will disqualify the implement.

TRACK & FIELD VENUE INFORMATION TENTS/UMBRELLAS: Tents and large umbrellas will only be allowed on the top rows. Meet management reserves the right to change this policy. The tents cannot be staked down and tent tops must be removed at night.

ATHLETE WARM UP: The athlete warm-up area will be on the Berea MidPark High School grassy area.

COOLERS: Coolers will be allowed within the facility.

RELAY RULE: The new relay rule will be in effect and forced at all levels of AAU competition. The fly zone has been eliminated. The exchange zones are 30m.

INCLIMATE WEATHER: In the event of thunder and/or lightening, the meet will be postponed for 30 minutes after the latest occurrence.

HOTELS: Hotel information is listed in coacho.com.



**MULTI-EVENTS/POLE VAULT/STEEPLE CHASE/LONG JUMP (G/B 13-14)/ 400
SCHEDULE**

Multi-Events will start at the designated time listed. It is recommended that you check in with your designated Multi-Event official at least 30 minutes before the time listed. Athletes not checked-in at their designated venue and start time will be scratched from the event.

THURSDAY, JUNE 27							
9:00AM	PENTATHLON	13-14 B	100MH	LJ	SP	HJ	1500M
	PENTATHLON	13-14 G	100MH	HJ	SP	LJ	800M
	HEPTATHLON	15-18 G	100MH	HJ	SP	200M	
9:15AM	DECATHLON	15-18 B	100M	LJ	SP	HJ	400M
FRIDAY, JUNE 28							
9:00AM	PENTATHLON	11-12 B	80MH	SP	LJ	HJ	1500M
	PENTATHLON	11-12 G	80MH	HJ	SP	LJ	800M
	DECATHLON	15-18 B	110MH	DISC	PV	JAV	1500M
	HEPTATHLON	15-18 G	LJ	JAV	800M		
11:00AM	LONG JUMP						13-14 G/B
12:00PM	1500M RACEWALK						ALL
12:30PM	3000M RACEWALK						ALL
1:30PM	STEEPLE CHASE						ALL
2:00PM	TRIATHLON	9-10 B	HJ	SP	400M		
	TRIATHLON	9-10 G	SP	HJ	200M		
2:00PM	POLE VAULT						17-18 BG
3:00PM	POLE VAULT						15-16 BG
6:00PM	400M FINALS						ALL



FIELD EVENT SCHEDULE

All Field Events will be on a rolling schedule. Each Age Group may start up to 10-15 minutes to warm up. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Once an event has been scored no other athlete regardless of circumstance will be allowed to enter the competition. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event has been completed. Failure to report back will result in a forfeiture of the remaining attempts. All Field events are 4 attempt finals except the high jump.

SATURDAY, JUNE 29				
	SHOTPUT	LONG JUMP	HIGH JUMP	TURBO JAVELIN
8:00AM	12 BG	12 BG	9 BG	8U BG
9:30AM	11 BG	8 BG	10 BG	9 BG
11:00AM	10 BG	9 BG	11 BG	10 BG
12:30PM	9 BG	10 BG	12 BG	11 BG
2:00PM	8-U BG	11 BG		12 BG

SUNDAY, JUNE 30						
	DISCUS	SHOTPUT	LONG JUMP	TRIPLE JUMP	HIGH JUMP	JAVELIN
8:00AM	17-18 BG	13 BG	15-16 BG		14 BG	
9:30AM	15-16 BG	14 BG			17-18 BG	
11:00AM	14 BG	15-16 BG	17-18 BG		13 BG	
12:30PM	13 BG	17-18 BG			15-16 BG	
2:00PM	11BG			ALL		ALL
2:30PM	12BG					



RUNNING EVENT SCHEDULE

After the initial event, all events will be on a ROLLING SCHEDULE. Listen to announcements and check-in to the designated check-in area. Any athlete that does not check-in before his/her scheduled heat is run will be scratched from the event.

SATURDAY, JUNE 29
ALL AGE GROUPS 9AM
4X800 RELAY
100M PRELIMS
80/100/110 HURDLES
4X100 RELAY
1500M RUN
200M PRELIMS

SUNDAY, JUNE 30
ALL AGE GROUPS 9AM
100M FINALS
200M/400M HURDLES
800M RUN
200 FINALS
3000M RUN
4X400 RELAY