

TWIN RIVERS GIRL'S NATIONALS



TWIN RIVERS GIRLS NATIONAL DUALS

MARCH 27-29.2020

HYVEE HALL

DES MOINES, IA

WHO WILL BE THE 2020 #1 GIRLS YOUTH TEAM IN THE NATION?

TEAM NEBRASKA WON THE TITLE AT THE FIRST TWIN RIVERS GIRLS NATIONAL CHAMPIONS. WILL YOUR TEAM STEP UP AND KNOCK NEBRASKA OFF AND BE THE 2018 NATIONAL CHAMPIONS?

WHEN: March 27-29, 2020

Weigh-ins:

Thursday March 27, 2020

5:00 TO 8:00 PM at HyVee Hall
730 3rd Street
Des Moines, IA 50309

WHERE: Wrestling: March 28-29, 2020- HyVee Hall, Des Moines, Iowa

WHO: Two division will be wrestled. The division will be Youth K-8 and High School 9th-12th (Middle School Substitutes Allowed). Athletes must be in the designed grade. AAU Card and Copy Of Birth Certificate Required At Weigh-ins. AAU CARDS CAN BE PURCHASED ON LINE AT www.aausports.org FOR \$15.00.

FORMAT: Modified Folk Style: Neutral Restarts, and Free Style Push Out Point
Youth Matches 1 ½- 1½ - 1 ½ minutes periods. High School Matches 2-2-2
Pool wrestling followed by team championship brackets.

AWARDS: Championship medals for teams and individuals.
Team Trophies/Plaques for 1st through 8th place plus consolation bracket champions.

TEAMS: : 10 Youth or 12 High School Weights, 3 Alternates, 3 Coaches, and 2 Workers.

Youth Girls WGTS 58, 65, 73, 82, 91, 100, 112, 125, 140, HWT (not to exceed 160#)

High School Girls WGTS: 95,100, 106, 112, 118, 124, 130, 138, 148, 160, 185, HWT (Not to exceed 285#)

2# Weight Allowance. All competitors have until the close of weigh-ins to make weight. All competitors must wear a singlet to weigh-ins.

COST: \$400.00/ Team. Open to 1ST 24 Teams with intent to participate. Entry form filed & deposit of \$100.00 to be received by February 23, 2020- Balance due March 15, 2020
\$100.00 Late fee for any additional teams or deposits received after February 23rd or balance payments made after March 15, 2020.

OFFICIALS: HS Certified Officials Only

DAILY ADMISSION \$15.00, 2 DAY PASS \$25.00 ADULTS/ \$15.00 KIDS (Age 5-16)/Under 5 Free

MORE INFORMATION: Ron Peterson ph#: 515-249-3586 Email: rpeterson1956@gmail.com or Jason Loyd ph#: 563-676-5993 Email: jloyd52722@gmail.com

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

HOSTED BY: IOWA AAU WRESTLING

**TWIN RIVERS GIRLS YOUTH
NATIONAL DUALS
MARCH 24-29, 2020**

**HyVee Hall B & C Des Moines,
IOWA**

COMPETITION: All Teams will be randomly placed in team pools. (Size of pools will be subject to adjustment based on total number of teams entered.) After pool wrestling, teams will be seeded into preliminary brackets based on pool performance and then on point differential seeding. Based on the number of teams entered Every effort will be made to make sure all alternates get as many exhibition matches as possible. teams will then move to either championship or consolation brackets

AWARDS: Top 8 teams will receive team awards. Consolation bracket champions will also receive team awards.

ELIGIBILITY: All wrestlers must be enrolled in K through 8th grades and not turn 16 in 2020 to be eligible to compete. Coaches please make sure you have the following information available for your team members at weigh ins.

•• Current AAU Card (Available online at: Copy of Birth Records www.aausports.org)

• Copy of Report Card or School Grade Certification (On School Letterhead)

QUESTIONS: CALL Ron Peterson at 515-249-3586 or E-MAIL rpeterson1956@gmail.com

TEAM ENTRY FORM – INTENT TO PARTICIPATE

**ENTRY FEE: \$ 400.00 IF DEPOSIT RECEIVED BY FEBRUARY 23,
2020 (\$100.00 DEPOSIT WILL GUARANTEE A SPOT FOR YOUR TEAM)
\$300.00 BALANCE DUE BY MARCH 16, 2020 or ADD \$100.00 LATE FEE.**

MAIL YOUR INFO NOW TO RESERVE A SPOT

TEAM NAME _____

AAU DISTRICT or STATE _____

CONTACT _____ **PHONE** _____

E- MAIL _____ **FAX** _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

**MAIL TO: Twin River Girls Youth National Duals
% Ron Peterson
1500 W. 6th Avenue
INDIANOLA, IA 50125**

MAKE CHECKS PAYABLE TO: Twin River Girls Youth National Duals
Coaches: You must have an AAU Coaching Card and Certification to coach matside.