

AAU REGIONAL 25 QUALIFIER

June 23,24,25,26

UNC Charlotte

Multi Events/Track & Field

MEET HOST: GASTONIA EAGLES TRACK & FIELD TEAM, INC.

MEET DIRECTOR: Freddie Crawford / 704-231-2118 / freddieseaa@aol.com

AGE DIVISION

8 Years & under,9 Years,10 Years,11 Years,12 Years,13 Years,14 Years,15-16 Years,17-18 Years

ENTRY FEE: An entry fee off \$25.00 per athlete for track & Field and a separate fee of \$25.00 per athletes for multi event competitors.

REGISTRATION: www.coacho.com – Deadline to enter for Multi Competition and Track & Field Competition is June 19, 2022 11:59pm

AWARDS: Medals will be given to the top 3 place finishers in each event. MVP Male and Female in each age division will be awarded after the last race

ADMISSION:Thursday\$5.00,_\$10.00 per day starting Friday, 4-day pass \$25.00 (6 & under free)

DATES:

Thursday. June 23 Package Pickup multi events 11am to 3pm
Friday. June 24 Package Pickup Multi Event/Track & Field 8am to 4pm
Saturday. June 25 Package Pickup Track & Field 7:30 am to 4pm
Sunday. June 26 Package Pickup Track & Field 7:30 am to 12pm

PROOF OF AGE: Proof of age may be required at District, National Qualifier and National Championship events and must be provided whenever required and or challenged. These are the acceptable forms of verification; original birth certificates, notarized original birth certificate, US military Government ID card, valid passport (not expired) and a valid US driver's license.

ADVANCEMENT Top 6 in Running events, top 6 in Field events, Top 6 in Relays, top 4 in Multi events

LICENSE

This event is license by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins.

BE PREPARED! Adult and Non-Athlete membership are no longer instant and cannot be applied for at event.

Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

**2022 AAU (AREA 25) REGIONAL QUALIFIER
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

FINAL MEET SCHEDULE WILL BE POSTED ON JUNE 24, 2022

THURSDAY, JUNE 23, 2022

<u>TIME</u>	<u>EVENT/AGE GROUP</u>		
1:00 PM	DECATHLON	15&16 (DAY 1)	100M, LJ, SP, HJ, 400M
	TRIATHLON	9B, 10B (FINALS)	HJ, SP, 400M
1:30 PM	DECATHLON	17&18 (DAY 1)	100M, LJ, SP, HJ, 400M
	TRIATHLON	9G,10G, (FINALS)	HJ, SP, 200M
1:00 PM	HEPTATHLON	15&16G (DAY 1)	100M H, HJ, SP, 200M
1:30 PM	HEPTATHLON	17&18W (DAY 1)	100M H, HJ, SP, 200M

FRIDAY, JUNE 24, 2022

<u>TIME</u>	<u>EVENT/AGE GROUP</u>		
9:00 AM	DECATHLON	15&16B (DAY 2)	110M H, DT, PV, JAV, 1500M
	HEPTATHLON	15&16 G (DAY 2)	LJ, JAV, 800M
9:30 AM	DECATHLON	17&18M (DAY 2)	110M H, DT, PV, JAV, 1500M
	HEPTATHLON	17&18W (DAY 2)	LJ, JAV, 800M
9:00 AM	PENTATHLON	13G/14G (FINALS)	100M H, LJ, SP, HJ, 800M
9:15 AM	PENTATHLON	11G/12G (FINALS)	80M H, HJ, SP, LJ, 800M
9:30 AM	PENTATHLON	13B/14B (FINALS)	100M H, LJ, SP, HJ, 1500M
9:45 AM	PENTATHLON	11B/12B (FINALS)	80M H, HJ, SP, LJ, 1500M

*** ALL EVENTS WILL BE CONTESTED APPROXIMATELY 30 MINUTES AFTER THE PRECEDING EVENT IS COMPLETED. THE 30 MINUTE REST PERIODS WILL INCLUDE REST, FOOD, MEASURING STEPS, AND WARM-UP.**

*** ATHLETES COMPETING IN BOTH MULT-EVENT COMPETITION AND TRACK & FIELD COMPETITION WILL BE ISSUED ONLY ONE RACE NUMBER FOR BOTH COMPETITIONS.**

EVENT/AGE GROUP

1:00 PM	1500M RACE WALK (9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	FINALS	
	3000M RACE WALK (13G, 13B, 14G, 14B, 15&16G, 15&16B, 17&18W, 17&18M)	FINALS	
2:00 PM	STEEPLECHASE	15&16B/G,17&18B/G	FINALS
3:00 PM	4 X 800M RELAY (11&12G, 11&12B, 13&14G, 13&14B, 15&16G, 15&16B, 17&18W, 17&18M)	FINALS	
4:00PM	200M DASH (ALL DIVISIONS)	SEMI FINALS	

FIELD EVENTS

4:00PM	TURBO JAVELIN 8&underG,9G, 10G, 11B, 12G; 8 & underB,9B,10B, 11B,12B
	DISCUS 15&16G/17&18W/17&18M

SATURDAY, JUNE 25, 2022

Any Semi-Finals running event with 8 or less participants will be ran as a FINALS.

<u>TIME</u>	<u>EVENT/AGE GROUP</u>	
9:00 AM	3000M RUN (11G,11B,12B,12B,13G,13B,14G,14G,15&16G,15&16B,17718W,17718M)	FINALS
	200M HURDLES (13G, 13B, 14G, 14B)	FINALS
	400M HURDLES (15&16G, 15&16W, 17&18B, 17&18M)	FINALS
	100M DASH (ALL DIVISIONS)	SEMI FINALS
	800M RUN (ALL DIVISIONS)	FINALS
	80M HURDLES (11B, 11B, 12B, 12B)	SEMI FINALS
	100M HURDLES (13B, 14G, 13B, 14B, 15&16G, 17&18W)	SEMI FINALS
	110M HURDLES 17&18B, 17&18M)	SEMI FINALS
	400M DASH (ALL DIVISIONS)	FINALS

4 X 100M RELAY
(ALL DIVISIONS)

FINALS

FIELD EVENTS

TIME	EVENT	AGE
9:00 AM	HIGH JUMP	9G/10G, 9B/10B, 11G/12G, 11B/12B 13G/14G 13B/14B
	LONG JUMP	All age divisions starting with Primary & Up
	SHOT PUT	All age divisions starting with Primary & UP
	JAVELIN	13G/14G, 13B/14B, 15&16G/17&18W,15&16B/17&18M
	POLE VAULT	13G/14G, 13B/14B, 15&16G/17&18W,15&16B/17&18M

SUNDAY, JUNE 26, 2022

<u>TIME</u>	<u>EVENT/AGE GROUP</u>	<u>RACE</u>
9:00 AM	1500M RUN (ALL DIVISIONS)	FINALS
	200M DASH (ALL DIVISIONS)	FINALS
	80M HURDLES (11G, 11B, M12, 12B)	FINALS
	100M HURDLES (13B, 14G, 13B, 14B, 15&16G, 17&18W)	FINALS
	110M HURDLES (15&16B, 17&18M)	FINALS
	100M DASH (ALL DIVISIONS)	FINALS
	4 X 400M RELAY (9-10 G/B,11-12G/B,13-14G/B,15&16G/B, 17&18YW/YM)	FINALS

3

FIELD EVENTS

TIME	EVENT	AGE
9:00 AM	HIGH JUMP	15&16G/17&18W,15&16B/17&18M
	TRIPLE JUMP	13G/14G13B/14B,15&16G/17&18W,15&16B/17&18M
	DISCUS	11G/12G,11B/12B,13G/14G,13B/14B,

For further meet information please contact Freddie Crawford: 704-231-2118
freddiasea@att.net