



2019 AAU Washington State Powerlifting, Bench, Deadlift and Push-Pull *CHAMPIONSHIPS*

February 9, 2019

5000 Sq. Ft. Location:

2609 South Jackson
Seattle, WA 98144
206-322-1008

Lifting starts at 9:00

Spectator Fee - \$10.00

Application

www.austrengthsports.org

bullstewart@hotmail.com

206-854-2678