



**2021 DICK COOK/TEAM MISSOURI INVITATIONAL HOSTED BY THE JETS TRACK CLUB**  
**HERCULANEUM HIGH SCHOOL, 1 BLACKCAT DR, HERCULANEUM, MO 63048**  
**SUNDAY, MAY 16, 2021**

**Meet Directors:** Vincent Bingham vdbingham@gmail.com  
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**Fee:** \$10 per athlete **Awards:** 1<sup>st</sup> – 3<sup>rd</sup> medals 4<sup>th</sup>-6<sup>th</sup> ribbons

**Groups:** **Events:**

Pee Wee (6&U) 50m, 100m, LJ

Primary (7-8) 100m, 200m, 400m, 800m, 4 x 100m, LJ, SP

Bantam (9-10) 100m, 200m, 400m, 800m, 1500m, 4 x 100m, 4x400m, 1500m RW, LJ, HJ, SP

Midget (11-12) 100m, 200m, 400m, 800m, 1500m, 3000m, 80m Hurdles, 4x100m, 4x400m, 1500m RW, LJ, HJ, SP, Discus

Youth (13-14) 100m, 200m, 400m, 800m, 1500m, 3000m, 100m Hurdles, 4x100m, 4x400m, 3000m RW, LJ, TJ, HJ, SP, Discus

OPEN (15-18) 100m, 200m, 400m, 800m, 1500m, 3000m, 110m HH-B, 100m Hurdles-G, 4x100m, 4x400m, 3000m RW, LJ, TJ, HJ, SP, Discus

**Limits:** 3 events maximum per athlete, not including relays

**Registration:** Register online at CoachO.com by 9:00am on Saturday, May 15, 2021. Meet name: 2021 Dick Cook/Team MO Inv. LATE ENTRIES WILL **NOT** BE ACCEPTED. Entry fees must be paid online with a credit card to complete registration process. **This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be**

applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

**Coaches Meeting:** 8:30a

**Meet Starts:** 9:00a – Field Events

11:00a – Running Events

**Order of Events: 11:00a \*\*some races may be combined**

1500m Race Walk	(Bantam – Midget)	<u>Long Jump (9:00a)</u>	<u>High Jump (9:00a)</u>
3000m Race Walk	(Youth – OPEN)	Girls in Pit1 Boys in Pit2	Bantam (boys and girls)
4x100m Relay	(Primary – OPEN)	Pee Wee	Midget (boys and girls)
50m Dash	(Pee Wee)	Primary	Youth (boys and girls)
3000m Run	(Youth – OPEN)	Bantam	OPEN (boys and girls)
80m Hurdles	(Midget 30")	Youth	
100m Hurdles	(Youth B/G 30" OPEN G 33")	OPEN	
110m Hurdle	(OPEN B 39")		
100m Dash	(Pee Wee - OPEN)	<u>Shot Put (9:00a)</u>	<u>Discus (9:00a)</u>
1500m Run	(Bantam - OPEN)	Bantam (boys and girls)	Midget (boys and girls)
400m Dash	(Primary - OPEN)	Midget (boys and girls)	Youth (boys and girls)
800m Run	(Bantam - OPEN)	Youth (boys and girls)	OPEN (boys and girls)
200m Dash	(Primary - OPEN)	OPEN (boys and girls)	
4x400m Relay	(Bantam - OPEN)		
		<u>Triple Jump (to follow after long jump has finished)</u>	
		Girls Pit1 Boys Pit2	
		Youth	
		OPEN	

Parents and spectators will not be allowed in the infield. Concessions and t-shirts will be available for purchase. Field events will each get 4 jumps or throws.

**\*\*\*The Jets Invitational meet scheduled on May 30, 2021 has been CANCELED\*\*\***