

**Adirondack AAU  
Basketball-Girls  
2023 GIRLS GymRat LIVE  
May 13 - 14, 2023**

**Hosted by GymRat CHALLENGE  
Gymrat Challenge, Altamont, NY**

**AGE GROUPS:** 9th Grade, 10th Grade, 11th Grade  
**ENTRY FEE:** \$695.00  
**ENTRY FEE PAYABLE TO:** GymRat CHALLENGE  
**ENTRY DEADLINE:** April 01, 2022  
**SIGN UP AT:** [www.GymRatCHALLENGE.com](http://www.GymRatCHALLENGE.com)  
**RULES:** <http://gymratchallenge.com/girls-event/game-rules-code-of-conduct/>  
**ADDITIONAL INFO:** <http://gymratchallenge.com>

**FOR MORE INFORMATION:**

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[JKmack@GymRatCHALLENGE.com](mailto:JKmack@GymRatCHALLENGE.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.