



# 2021 AAU INTERNATIONAL CHAMPIONSHIP MEET

## JULY 9-11, 2021



This meet will serve to select twenty-four swimmers ages 13-15 (12 male, 12 female) to compete at/attend the [ISF U15 World School Games 2021 in Belgrade, Serbia](#) and twenty-four swimmers ages 16-18 (12 male, 12 female) to compete at/attend the [U18 Gymnasiade School Games in Jinjiang, China](#)

<b>DATES/TIMES</b>	Friday, July 9	Session #1 (prelims)	Warm-up: 6:30am	Meet start: 8:00am
	Friday, July 9	Session #2 (finals)	Warm-up: 4:00pm	Meet start: 5:00pm
	Saturday, July 10	Session #3 (prelims)	Warm-up: 6:30am	Meet start: 8:00am
	Saturday, July 10	Session #4 (finals)	Warm-up: 4:00pm	Meet start: 5:00pm
	Sunday, July 11	Session #5 (prelims)	Warm-up: 6:30am	Meet start: 8:00am
	Sunday, July 11	Session #6 (finals)	Warm-up: 4:00pm	Meet start: 5:00pm
<b>FACILITY/LOCATION</b>	Rosen Aquatic and Fitness Center / 8422 International Drive, Orlando, FL 32819			
<b>AAU MEMBERSHIP</b>	<p>This meet is licensed by the AAU. All athletes and coaches must be AAU members. Athlete membership is \$14-\$16 and non-athlete (coach) membership is \$16-\$18. AAU membership can be obtained online at <a href="http://www.aausports.org">www.aausports.org</a>.</p> <p><b>BE PREPARED and register your coaches early! You can no longer register for non-athlete (coach) membership onsite at the event. Background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant.</b></p>			
<b>ENTRY FEE</b>	\$30 Splash Fee, \$15 per event.			
<b>ENTRY DEADLINE</b>	July 5, 2021			
<b>SWIMMERS WITHOUT A COACH</b>	Any swimmer entered in the meet, unaccompanied by a coach, must be approved by their coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.			
<b>ENTRY LIMIT</b>	Swimmers will be limited to three (3) events per day. If a swimmer is over-entered in a session, any entries over the event limit will be dropped at the point of over-entry. Entries will be accepted on a first come, first served basis until the sessions reach a maximum number of athletes. To control the length of the meet, we reserve the right to limit the entries in the 400 Free and 400 IM to the top 16. Coaches of affected athletes will be advised prior to the meet.			
<b>QUALIFICATION</b>	400 IM 5:49.69, 200 IM 3:08.29, 400 FREE 5:07.29			
	AAU suggests a helpful online tool for time conversion. Please visit the website at <a href="http://www.aauswimming.org">www.aauswimming.org</a> or <a href="http://www.aaujrogames.org">www.aaujrogames.org</a> (select swimming).			
<b>RULES</b>	<p>This meet is a competition conducted under current USA Swimming and AAU Swimming rules. This meet is pending approval by USA Swimming, #TBD</p> <p>If you are a registered USA Swimming athlete, you may provide your USA Swimming number for your times to count from this meet. Please include the number with your HyTek Entry.</p>			
<b>AGE DIVISIONS:</b>	Girls & Boys, age groups determined by year of birth – 12 & under (born 2009 or later), 13-15 (born in 2006-2008), 16-18 (born in 2003-2005)			



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### FORMAT

- 50M AG/SR
- AAU prelims on Friday, Saturday, and Sunday
- AAU finals on Friday, Saturday, and Sunday for 13-15 (top 16 each gender), and 16-18 (top 16 each gender)

This meet is pre-seeded **WITH THE EXCEPTION OF RELAYS WHICH WILL BE DECK ENTERED**. No other deck entries will be permitted.

Meet management may opt to use fly-over starts at this competition. Events/heats may be combined at the discretion of the Meet Referee. Finals start time may be adjusted at meet management discretion.

### SEEDING & CHECK-IN

SCY times or NT may be used. LCM to SCY conversions, using the formula in the current Florida Swimming Handbook, may be used. Check-in will be required for all events 400 yards and higher. All events will be swum fastest to slowest that are prelims, timed finals, and finals. In prelims, the fastest three heats will be circle seeded. All timed final events will be seeded fastest to slowest and will not be circle seeded. Where events can be combined, the meet host with the concurrence of the Meet Referee, will combine those events and heats before the meet program is published.

### DECK ENTRIES

Deck entries will be accepted by the Meet Referee or his/her designee. Up to 45 minutes before the start of the session under the following conditions:

- Deck entries will be accepted to fill heats only; no new heats will be created. - Deck Entry Fees are \$20.00 per individual deck entry, plus \$30.00 Splash Fee - Fees must be paid at time of entry. Deck entries will be accepted by the Administrative Official or designated representative and assigned a lane no later than 45 minutes prior to the start of each session. A swimmer may not drop an event to deck enter another event. Entry limits apply.

### SCRATCH RULE

#### Prelims/timed finals

- No penalty for scratching on the block except for deck-seeded events.
- Failing to show for a properly deck-seeded event will result in the swimmer not being allowed to compete in his/her next individual race.
- Check-in must be done with the Clerk of Course prior to the listed check-in time, to be seeded in that event.
- Any swimmer properly entered in a deck-seeded event, who fails to check-in for that event, will be allowed to swim in an open lane for that event only. No new heats will be created – first come, first served.

### FINALS QUALIFIERS

Any swimmer who competed in a preliminary heat and qualifies for finals must swim the event during finals unless the swimmer announced their intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. Swimmers have until 30 minutes after their final prelim of the day to finalize their scratch with the Clerk of Course. Any swimmer not reporting to a final event in which the results were posted for his/her swim will be barred from competition in their next individual event in the meet. Additionally, a \$50.00 fee may be assessed to swimmers not in compliance with the scratch rule unless relieved for good cause by the Meet Referee.



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### AWARDS

The meet will be scored to the top 8 places for 13-15 and 16-18

- Individual Points: 10-7-6-5-4-3-2-1

### COACHES CREDENTIALS

All coaches must be non-athlete members of the AAU. Only coaches meeting the certification requirements below will be eligible to receive credentials allowing access to the deck. Coaches' certification requirements are as follows:

- Current certification in CPR and First Aid, **AND**
- American Red Cross Coaches Safety Training and First Aid, American Red Cross, or YMCA Lifeguard Training **OR** Valid USA Swimming Coach's Card.

Prior to the start of the meet, the name of one person for each team other than the coach may be given to the Meet Referee. The Meet Referee will only recognize the coach and that designated person relative to matters pertaining to the meet

### COACHES EDUCATION

The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members. This excellent program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit [www.aausports.org](http://www.aausports.org) and click on PCA COACHES EDUCATION order to enter and take the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

### COACHES MEETING

Friday, July 9 7:30am near the pool deck.

### DECK ACCESS

Credentials (Athlete, Coach, Official, and Volunteer) will be required to be shown for access to the deck. In addition, coaches must also be able to present the AAU required coaches' certifications during the meet

### DECK

### PERSONNEL/LOCKER ROOMS/CREDENTIALING

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

### SWIMMING SAFETY & WARMUP PROCEDURE

USA Swimming warm up rules and AAU safety guidelines and warm-up procedures will be followed. Coaches must maintain contact with their swimmers during warm-up. See detailed warm-up procedure listed below.

### OFFICIALS

#### OFFICIALS:

**Head Referee:** Scott Ward

**Admin Official:** As assigned by Rosen Aquatic Center

**Starter:** Patricia Ellingham

**Chief Stroke & Turn Judge:** Scott Thibodeau

**Meet Manager:** Kevin Reese

**Head Marshal:** Bobbie Newton

### HOUSING

<https://www.rosenaquatic.com/hotels-near-us/>

### TECH SUITS

No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

*A Technical Suit is one that has the following components:*

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or*
- b. Any suit with woven fabric extending past the hips.*



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(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)

- [Restricted 12-and-under tech suits](#)
- [Approved 12-and-under tech suits](#)

### CONDUCT

#### **CAMERA ZONE**

Per Florida Swimming Rule 223.13, "Meet Management shall designate and inform the public of 'Camera Zones' at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable 'Camera Zones' may include, but are not limited to the side courses of a pool, team gathering area, concession area, turn-end of competition course when not in use as a "start end", etc. Meet Management shall also designate 'Non-Camera Zones'. Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for 'race starting purposes' during competition and warm- ups, locker rooms, restrooms or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in the Rule 239.2."

#### **DECK CHANGING**

The practice of deck changing is prohibited. Swimmers must use the locker rooms to change in and out of their swimsuits. Swimmers participating in the practice of deck changing can be subject to removal from further competition.

#### **SMOKING/RELATED PARAPHERNALIA**

Smoking of any kind, electronic or ignited is not allowed on the sun deck, stairwell, or immediate parking spaces adjacent to the athlete entries. No smoking of any kind in athlete accessed locations.

### MEET ADMINISTRATOR

Kevin Reese  
[kevin@clearwataquatics.com](mailto:kevin@clearwataquatics.com)

### MORE INFORMATION

Bobbie Newton  
[catmanager@clearwataquatics.com](mailto:catmanager@clearwataquatics.com)  
727-791-9542.



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**NO EQUIPMENT TO BE USED DURING WARM-UP  
NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET  
Swimmers must enter the water feet first, with at least one hand on the pool deck.**

**WARM-UP PROCEDURE**

<b>LANE</b>	<b>1<sup>st</sup> half hour</b>	<b>2<sup>nd</sup> half hour</b>
1	Pace 50 & 100 circle swimming	Pace 50 & 100 circle swimming
2	Push-off 25s one-way only	Racing starts 25s one length
3	Swim & pulling, push-off	Swim & pulling, push-off
4	Swim & pulling, push-off	Swim & pulling, push-off
5	Swim & pulling, push-off	Swim & pulling, push-off
6	Swim & pulling, push-off	Swim & pulling, push-off
7	Swim & pulling, push-off	Swim & pulling, push-off
8	Swim & pulling, push-off	Racing starts 25s one length
9	Push-off 25s one-way only	Racing starts 25s one length
10	Pace 50 & 100 circle swimming	Pace 50 & 100 circle swimming

**ORDER OF EVENTS**

**Friday, July 9, (Session 1)**

Warm-ups 6:30am, Meet Start 8:00am

<b>Event #</b>	<b>Age Group</b>	<b>Stroke</b>
	<b>12 &amp; under</b>	<b>100 Fly</b>
	<b>13-15</b>	<b>200 Fly</b>
	<b>16-18</b>	<b>200 Fly</b>
	<b>12 &amp; under</b>	<b>100 Breaststroke</b>
	<b>13-15</b>	<b>100 Breaststroke</b>
	<b>16-18</b>	<b>100 Breaststroke</b>
	<b>12 &amp; under</b>	<b>100 Free</b>
	<b>13-15</b>	<b>200 Free</b>
	<b>16-18</b>	<b>200 Free</b>
	<b>13-15</b>	<b>50 Back</b>
	<b>16-18</b>	<b>50 Back</b>
	<b>13-15</b>	<b>400 IM*</b>
	<b>16-18</b>	<b>400 IM*</b>

\*5:49.69 qualifying time



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**Friday, July 9, (Session 2 Finals)**  
Warm-ups 4:00pm, Meet Start 5:00pm

<b>Event #</b>	<b>Age Group</b>	<b>Stroke</b>
	<b>13-15</b>	<b>200 Fly</b>
	<b>16-18</b>	<b>200 Fly</b>
	<b>13-15</b>	<b>100 Breaststroke</b>
	<b>16-18</b>	<b>100 Breaststroke</b>
	<b>13-15</b>	<b>200 Free</b>
	<b>16-18</b>	<b>200 Free</b>
	<b>13-15</b>	<b>50 Back</b>
	<b>16-18</b>	<b>50 Back</b>
	<b>13-15</b>	<b>400 IM</b>
	<b>16-18</b>	<b>400 IM</b>

**Saturday, July 10 (Session 3)**  
Warm-ups 6:30am, Meet Start 8:00am

<b>Event #</b>	<b>Age Group</b>	<b>Stroke</b>
	<b>12 &amp; under</b>	<b>50 Free</b>
	<b>13-15</b>	<b>50 Free</b>
	<b>16-18</b>	<b>50 Free</b>
	<b>12 &amp; under</b>	<b>100 Back</b>
	<b>13-15</b>	<b>200 Back</b>
	<b>16-18</b>	<b>200 Back</b>
	<b>12 &amp; under</b>	<b>50 Breaststroke</b>
	<b>13-15</b>	<b>200 Breaststroke</b>
	<b>16-18</b>	<b>200 Breaststroke</b>
	<b>13-15</b>	<b>100 Fly</b>



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	<b>16-18</b>	<b>100 Fly</b>
	<b>12 &amp; under</b>	<b>200 IM*</b>
	<b>13-15</b>	<b>200 IM</b>
	<b>16-18</b>	<b>200 IM</b>

\*3:08.29 qualifying time

**Saturday, July 10 (Session 4 Finals)**  
Warm-ups 4:00pm, Meet Start 5:00pm

<b>Event #</b>	<b>Age Group</b>	<b>Stroke</b>
	<b>13-15</b>	<b>50 Free</b>
	<b>16-18</b>	<b>50 Free</b>
	<b>13-15</b>	<b>200 Back</b>
	<b>16-18</b>	<b>200 Back</b>
	<b>13-15</b>	<b>200 Breaststroke</b>
	<b>16-18</b>	<b>200 Breaststroke</b>
	<b>13-15</b>	<b>100 Fly</b>
	<b>16-18</b>	<b>100 Fly</b>
	<b>13-15</b>	<b>200 IM</b>
	<b>16-18</b>	<b>200 IM</b>

**Sunday, July 11 (Session 5)**  
Warm-ups 6:30am, Meet Start 8:00am

<b>Event #</b>	<b>Age group</b>	<b>Stroke</b>
	<b>12 &amp; under</b>	<b>50 Back</b>
	<b>13-15</b>	<b>100 Back</b>
	<b>16-18</b>	<b>100 Back</b>
	<b>12 &amp; under</b>	<b>50 Fly</b>
	<b>13-15</b>	<b>50 Fly</b>



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	<b>16-18</b>	<b>50 Fly</b>
	<b>12 &amp; under</b>	<b>200 Free</b>
	<b>13-15</b>	<b>100 Free</b>
	<b>16-18</b>	<b>100 Free</b>
	<b>13-15</b>	<b>50 Breaststroke</b>
	<b>16-18</b>	<b>50 Breaststroke</b>
	<b>13-15</b>	<b>400 Free*</b>
	<b>16-18</b>	<b>400 Free*</b>

\*5:07.29 qualifying time

**Sunday, July 11 (Session 6 Finals)**

Warm-ups 4:00pm, Meet Start 5:00pm

<b>Event #</b>	<b>Age group</b>	<b>Stroke</b>
	<b>13-15</b>	<b>100 Back</b>
	<b>16-18</b>	<b>100 Back</b>
	<b>13-15</b>	<b>50 Fly</b>
	<b>16-18</b>	<b>50 Fly</b>
	<b>13-15</b>	<b>100 Free</b>
	<b>16-18</b>	<b>100 Free</b>
	<b>13-15</b>	<b>50 Breaststroke</b>
	<b>16-18</b>	<b>50 Breaststroke</b>
	<b>13-15</b>	<b>400 Free</b>
	<b>16-18</b>	<b>400 Free</b>





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## INTERNATIONAL MEET INFORMATION FOR QUALIFIERS (Top 12 Male/Female 13-15, Top 12 Male/Female 16-18)

U15 World School Sport Games (BORN 2006-2008) Belgrade, Serbia September 11-18, 2021

### GENERAL INFORMATION

<https://events.isfsports.org/u15-world-school-sports-games/>

### SPECIFIC INFORMATION

[https://isfsports.org/sites/default/files/bulletin\\_1-isf\\_u15\\_world\\_school\\_sport\\_games\\_2021\\_-\\_postponed\\_event\\_-\\_15.03.2021.pdf](https://isfsports.org/sites/default/files/bulletin_1-isf_u15_world_school_sport_games_2021_-_postponed_event_-_15.03.2021.pdf)

### TEAM LEAD

Mary Ruffin maryruffin6@gmail.com

### DATES OF IMPORTANCE

July 1: Declaration to Complete  
August 1: Travel Party Details (Names...)  
September 10: Travel Day  
September 11: Registration and Training  
September 12: Opening Ceremony and Training  
September 13-17: Competition and Cultural Events  
September 18: Closing Ceremony  
September 19: Travel Day

### BOYS EVENTS

Freestyle • 50m, 100m, 200m, 400m, 4x100m, Backstroke • 50m, 100m, 200m Breaststroke • 50m, 100m, 200m Butterfly • 50m, 100m, 200m Medley • 200m, 400m, 4x100m

### GIRLS EVENTS

Freestyle • 50m, 100m, 200m, 400m, 4x100m, Backstroke • 50m, 100m, 200m Breaststroke • 50m, 100m, 200m Butterfly • 50m, 100m, 200m Medley • 200m, 400m, 4x100m

MIXED (2 boys' and 2 girls' swimmers) • Freestyle: 4x100m • Medley: 4x 100m

Each delegation may enter a maximum number of 30 persons:  
12 girls, 12 boys, 4 coaches and 2 other team officials.

Each delegation may enter two athletes in individual events and one team in each relay event. A mixed relay team consists of 2 female and 2 male athletes any order. There is no limit to the number of events per athlete.



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## U18 Gymnasiade School Games (BORN 2003-2005) Jinjiang, China October 16-22, 2021

### GENERAL INFORMATION

<https://isfsports.org/gymnasiade-summer>

### SPECIFIC INFORMATION

[https://www.isfsports.org/sites/default/files/bulletin1\\_18th\\_isf\\_gymnasiade\\_jinjiang\\_2020\\_-\\_updated\\_8.03.2021.pdf](https://www.isfsports.org/sites/default/files/bulletin1_18th_isf_gymnasiade_jinjiang_2020_-_updated_8.03.2021.pdf)

### TEAM LEAD

Mary Ruffin maryruffin6@gmail.com

### DATES OF IMPORTANCE

May 15: Declaration to Compete

July 31: Travel Party Details (Names...)

October 15: Travel Day

October 16: Registration and Training

October 17: Opening Ceremony and Training

October 18-21: Competition and Cultural Events

October 22: Closing Ceremonies

October 23: Travel Day

### BOYS EVENTS

Freestyle • 50m, 100m, 200m, 400m, 4x100m, Backstroke • 50m, 100m, 200m Breaststroke • 50m, 100m, 200m Butterfly • 50m, 100m, 200m Medley • 200m, 400m, 4x100m

### GIRLS EVENTS

Freestyle • 50m, 100m, 200m, 400m, 4x100m, Backstroke • 50m, 100m, 200m Breaststroke • 50m, 100m, 200m Butterfly • 50m, 100m, 200m Medley • 200m, 400m, 4x100m

MIXED (2 boys' and 2 girls' swimmers) • Freestyle: 4x100m • Medley: 4x 100m

Each delegation may enter a maximum number of 27 persons:

12 girls, 12 boys, and 3 coaches.

Each delegation may enter two athletes in individual events and one team in each relay event. A mixed relay team consists of 2 female and 2 male athletes any order. There is no limit to the number of events per athlete.