



## 2024 SDWCA Region 4 AAU Wrestling Tournament

LOCATION: Watertown Civic Arena \* 200 9<sup>th</sup> St NE \* Watertown, SD 57201

DATE: Saturday, March 9th, 2024

TIMES: 8-10am- Weigh Ins (must weigh in a singlet, NO WEIGHT ALLOWANCE)

10am- Officials & table workers meeting (auxiliary gym)

10:15am- Club Reps Meeting to determine hosting in future years (auxiliary gym)

10:30am- Coaches Meeting (auxiliary gym)

11am- Wrestling Starts

Region 4: Arlington, Baltic, Britton/Hecla, Brookings, Chester, Clark/Willow Lake, Clear Lake, Dell Rapids, DeSmet, Flandreau, Garretson, Hamlin, Madison, Milbank, Sioux Valley, Sisseton, Tri-Valley, Watertown, Webster

**ENTRY INFO: *Must Qualify through District 7 or District 8 Tournaments unless you are in the Cadets division. For Cadets to compete at Region 4, wrestler MUST be enrolled and attend school in one of the above listed school districts.***

Clubs should email: [arrowwrestling1@hotmail.com](mailto:arrowwrestling1@hotmail.com) if club will be paying for athletes and/or coaches.

\$15 PER Wrestler \* \$5 Adults \* \$3 Students \* \$15 Coaches (includes \$5 admission + \$10 floor pass lanyard, AAU Stamped coaches card required, additional \$10 for stamp day of Regions if not stamped at Districts. For Freestyle coaches, USA card required but no stamp needed.) \*AAU CARDS (& USA cards for freestyle) FOR ATHLETES & COACHES **CANNOT** BE PURCHASED AT THE EVENT!

AGES & WIEGHTS:

Tots-Schoolboy Boys & Girls **MUST** wrestle in same age group and weight class as qualified at Districts. If you do not make weight, you will be scratched from the tournament.

Boys Cadet Division – Freestyle (USA CARD & BIRTH CERTIFICATE REQUIRED)

(Born in 2008 & 2009): 88-94-100-106-113-120-126-132-138-145-152-160-170-182-195-220-285

**\*\*Cadets MUST Pre-register on TrackWrestling by 11:59 PM, Thursday March 7<sup>th</sup> –NO WALK IN ENTRIES ACCEPTED!**

**NOTE: Boys Elite AND Girls HS Divisions will ONLY wrestle at State.**

Top 3 place winners in each weight class of each age division will qualify for state tournament, **except** in Tots & Girls Tots, where the top 4 place winners will qualify for the state tournament. The state tournament will be held in Rapid City, March 15-17

For tournament related announcements (weather & etc), please join our Facebook group: **2024 SDWCA Region 4 AAU Wrestling Tournament**. We will also post announcements, if needed, on the Dakota Grappler online forum.

\* This event is licensed by the Amateur Athletic Union of the U. S., Inc.

\* All wrestlers must have a current AAU membership (or USA Wrestling membership for Cadets)

\* AAU/USA membership is not included as part of the entry fee to the event.

\* AAU/USA membership must be obtained before the competition begins

\* BE PREPARED: Adult/Non-Athlete memberships for coaching are not instant. Allow up to 10 days for AAU membership & 3 weeks for USA.

\* Memberships can be purchased on the AAU website [www.aausports.org](http://www.aausports.org) or, for Cadet/Freestyle wrestlers & coaches, cards can be purchased on the USA Wrestling website [www.usamembership.com](http://www.usamembership.com)

FOR QUESTIONS CONTACT: SUSIE STROUP, 605-520-1058 (text preferred) or [arrowwrestling1@hotmail.com](mailto:arrowwrestling1@hotmail.com)