

Speed Dynamics Invitational

Date: Saturday, June 26, 2021

Timing provided by Crescent City Timing



Location: Hahnville High School , Boutte, LA

Time: Field 8:00am, Running 9:00am

This meet is sanctioned by the Southern AAU District. Each athlete must have a 2021 AAU membership card to compete.

Entry Fee: \$12.00 per Participant (Absolutely No Refunds)

Entry Procedure: Registration can be done online at www.coacho.com. Entry fees are due at the time of registration with a Master Card or Visa Card. Entries will not be processed if not paid online.

Entry Deadline: The online registration will close at 12:00 noon on Thursday, June 24, 2021. 6-u, 7-8's, 9's, 10's, 11's & 12's Divisions may compete in a maximum of 3 events, including relay participation. 13's, 14's, 15-16 and 17-18 may compete in a maximum of 4 events, including relay participation.

PROOF OF AGE WILL BE REQUIRED IF CHALLENGED

All participants are required to bring a copy of their birth certificate. All participants are required to have a 2021 AAU membership card. To purchase an AAU Membership card, please contact Norma Tregle at 1-800-AAU-4USA or register online at www.aauathletics.org. Participants must be prepared to show their AAU membership card at check-in. No athlete will be permitted to participate without a current AAU membership card.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Meet Director: Lorenza Winn

Speed Dynamics Track Club
coachlo@sdtrackclub.org
(504)491-6887

Admission: \$8 for Adults /\$4 for Children under 12. (Athletes must wear a race bib to enter)

Running Events: Athletes will report to Clerk of Course for check-in.(Clerk of Course may reheat as required to reduce required heats.)

Field Events: Athletes will report to event for check-in.

Rules: The meet will be conducted under the AAU Youth Athletics Rules for Track and Field and the competitive rules of the National Governing Body.

Protest: There will be a \$50 cash protest fee. The protest must be in writing(page number & rule) and submitted within 30 minutes of the incident in question.

Awards: Medals will be awarded to the top-three finishers in each event. No awards will be mailed out after the meet.

Packet Pick-up: Packets for teams and unattached participants may be picked up beginning at 7:00 am at the entrance to the stadium.

Parking: Parking is allowed in the 2 lots on the home side of the stadium as well as in front of the school. No Parking on the grass! **Violators will be towed!**

Tents Pop-up tents and umbrellas will be allowed at the top of the bleachers and in the grass outside of the stadium. Please be respectful and allow everyone an opportunity to view the No tents are allowed on the grass surrounding the perimeter of the track. This includes the area near the scoreboard and along the gate near the clerk's tent.

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RUNNING EVENTS 9:00 AM

(36") 400 Meter Hurdles 15-16 and 17-18 Boys
(30") 400 Meter Hurdles 15-16 and 17-18 Girls
(30") 200 Meter Hurdles 13-14 Girls and Boys
3000m Run 11 s thru 17-18 s G/B
1500m/3000m Racewalk – 9 thru 17-18 G/B
(39") 110m Hurdles 15-16 and 17-18 Boys
(33") 100m Hurdles 13-14 Boys and 15-16/17-18 Girls
(30") 100m Hurdles 13-14 Girls
(30") 80m Hurdles 11 and 12 G/B
100m Dash All Divisions (Youngest to Oldest)
50m Dash 5-6's G/B Only
800m Run 7-8 s thru 17-18 s (Youngest to Oldest)
4x100m Relay 7-8 s thru 17-18 G/B
400m Dash 7-8 s thru 17-18 s (Youngest to Oldest)
200m Dash All Divisions (Youngest to Oldest)
1500m Run 8-u thru 17-18 G/B
4x400m Relay 9-10 thru 17-18 G/B

FIELD EVENTS 8:00 AM

8:00 AM Javelin Oldest to Youngest 17-18 thru 13-14 Boys/Girls Followed by: Discus Youngest to Oldest

8:00AM Long Jump All Div. (Youngest to Oldest Boys/Girls)

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8:00 AM Pole Vault (Girls 15-18 followed by Boys)

Triple Jump will follow completion of the long jump
Oldest to Youngest

1:00 PM Turbo Javelin 6-below, 7-8's, 9, 10, 11 and 12's

12:00PM Shot Put 6-below 7-8 s thru 17-18 s(Youngest to Oldest)

This schedule is subject to change without notice depending upon the number of entries received. Some events may have combined age groups.

All running events are **TIMED FINALS**. ****All Jumps & Throws: (4 THROWS/JUMPS ONLY!)**

* **Teams must provide their own starting blocks***