

AAU California Cross Country Championship

District Qualifier for AAU Cross Country Nationals

Hosted By: AAU Southern Pacific District

Date: Sunday, November 5th, 2023

Site: Pelona Vista Park 37700 Tierra Subida Ave Palmdale, CA 93551

Registration: www.coachoregistration.com

Registration Begins October 1st, 2023at 09:00AM PST Registration Ends November 3rd, 2023 at 11:59 PM PST

Cost: 20.00 per Athlete

Packet Pickup: 7:00 AM

Starting Time: 9:00 AM

Contact Person: Gregory Butts: (661) 802-6782

Eligibility: Boys and Girls in the following Divisions:

 Eight & Under
 2015& Later

 Nine Year Old
 2014

 Ten Year Old
 2013

 Eleven Year Old
 2012

 Twelve Year Old
 2011

 Thirteen Year Old
 2009

 Fifteen-Sixteen Year Old
 2007-2008

 Seventeen-Eighteen Year Old
 2005-2009

 Nineteen-Twenty Two years old
 2001-2004

Team entries are to be paid online at www.coachoregistration.com

Awards: Medals for top 3 finishers per age Division. **Concession:** Food and Drinks will be available for purchase

Meet Results: Will be provided Live with the "Track Meet Results APP"

Check-In: All participants must check in at the Clerk of the Course when their event is called

- ■This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- ■All participants must have a current AAU membership.
- ■AAU membership may not be included as part of the entry fee to the event.
- ■AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

■Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Events

RACE START TIME: 9:00 a.m.

2K Race ages 7-8 year olds

RACE START TIME: 9:45 a.m.

3K Race ages 9-10 year olds

RACE START TIME: 10:30 a.m.

3K Race ages 11-12 year olds

RACE START TIME: 11:15 a.m.

4K Race ages 13-14-15-16 year olds

RACE START TIME: 11:15 a.m.

5K Race ages 17-18 year olds