



AAU TAEKWONDO MISSOURI OZARK

NATIONAL QUALIFIER

SATURDAY APRIL 13TH 2024

EVENTS

SPARRING:

- Olympic
- Point
- Para

POOMSAE:

- WT
- ITF
- Open
- TSD/MDK

BREAKING:

- Speed cut kick
- Speed Spin hook kick
- Power palm/elbow strike

**KP&P FOR
ADVANCED
BELTS AND UP!**

Spectators

\$7 In advance
\$10 at the door

Address:

Steel Shop Athletics
49 Lawrence St, St
Charles, MO 63301

Times:

Doors Open: 7am
Officials Meeting: 7:30
Start: 8am

**EARLY
Registration**

Jan 1st - Jan 31st

\$89
First Event
\$10
Each Additional

**REGULAR
Registration**

Feb 1st-March 10th

\$99
First Event
\$10
Each Additional

**LATE
Registration**

March 11th-April 8th

\$109
First Event
\$15
Each Additional

[HTTPS://WWW.TOURNEYREG.NET](https://www.tourneyreg.net)

*This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership.

*AAU membership may not be included as part of the entry fee to the event.

*AAU Youth Athlete membership must be obtained before the competition begins.

*BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

*Please allow at least 10 days for membership to be processed.

*Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.



MISSOURI OZARK DISTRICT AAU TAEKWONDO



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2023

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7:00 AM
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7:30 AM
START:
8:00 AM

**STEEL SHOP
ATHLETICS**
49 LAWRENCE ST.
ST. CHARLES, MO
63301

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OLYMPIC • POINT • PARA

POOMSAE
WT • ITF • OPEN • TSD/MDK

BREAKING
SPEED CUTKICK
SPEED SPIN HOOK KICK
POWER PALM/ELBOW STRIKE

REGISTER

EARLY: JAN 1 - 31
\$89 • \$10 / ADDITIONAL EVENT

REGULAR: FEB 1 - MAR 10
\$99 • \$10 / ADDITIONAL EVENT

LATE: MARCH 11 - APRIL 8
\$109 • \$15 / ADDITIONAL EVENT

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**TOURNAMENT DIRECTOR:
JOHN SZYHOWSKI**

