

Meet Date & Site: March 11, 2023

The Gym Nest ? 120 Macon West Dr ? Macon, GA 31210 ? (478) 474-3021

Meet Director: Tina Hutchinson / Melissa Singley

Entry Deadline: Wednesday, February 8, 2023

(An additional \$25.00 fee must accompany all late entries)

No refunds after deadline.

Entry Fee: \$105.00 per gymnast (this includes admission for spectators)

\$60 Team Fee Mail entries to Tina Hutchinson / 105 Colachee Dr / Macon, GA 31210

Awards: Gymnasts will be divided into equal age groups by birthdate

and will follow the AAU awards guideline. Awards Presentation will take place u

under the Disco Lights.

Equipment: AAI Vault Table (note: runway is 77' max & 1 inch thick)

AAI Super Wide Spread Bars ? AAI Reflex Beam ? AAI Stratum Floor Exercise

Concessions: No concessions will be offered. Please bring in your own water bottle. No sugary

drinks as some spectators will be on the floor.

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.