



SOUTHEASTERN KARATE CHAMPIONSHIP



AND NATIONAL QUALIFIER!



Step 1)

*sign up as an AAU athlete

aukarate.org

Step 2)

* Sign up for our tournament at

* tournamentinabox.com

When: Saturday MARCH 23, 2024

Where:

CORNERSTONE CHURCH GYM
2385 Whitten Rd, Memphis, TN 38133

Divisions: * Kata * Kumite *Kobudo

Registration:

TOURNAMENTINABOX.com

must register by March 21, 2024

NO REGISTRATION ON DAY OF THE EVENT

Registration Fee: \$65

2 events included - \$10 for additional

Spectators \$5 (under 6yrs & over 60yrs FREE)

Tournament will begin at 10am. We will begin with the children and all divisions over the age of 12 years old will not run until after 12noon.

ONLINE REGISTRATION:

tournamentinabox.com

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.

• **Participants should visit the AAU website**

www.aausports.org to obtain their membership.

For more information contact:

JOSHUA ABBOTT

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AAU KARATE RULES

all ages and ranks are invited to compete!

Divisions for Children, Women, Men and +35

