

Colorado AAU AREA 20 REGINAL Meet
Track & Field
June 10, 2018
FT.LUPTON, CO 80621



DATE: June 10, 2018
LOCATION: Weld county High School Track
301 Reynolds ST
FT. Lupton, CO 80621
SPONSERED BY: **PLATTE RIVER TRACK CLUB**
HOST: John Martinez, 720-422-0591,
Anita Addison 303-263-2319 crash1313@msn.com
DEADLINE: JUNE 8, 2018 at 10 pm mountain time
Registration will be online through www.CoachO.com. No on-site Registration.
Competition is open to all AAU athletes.
You much have a current AAU Membership
FEE: \$7 per event
AGE: 8 under-18 (age as of 12/31/18)
8 under primary, 9 sub-bantam, 10 bantam, 11 sub-midget, 12 midget, 13 sub-youth,
14 youth, 15-16 intermediate, 17-18 young

ORDER OF EVENTS

Track (Starts 10:00 am)

| | |
|--|--|
| 3000m Run (SM, M, SY, Y, I YW/YM,) | Javelin (SY, Y, I, YW/YM) |
| 4 X 8 Relay (SM,M)(SY, Y)(I)(YM/YW) | Discus (SM, M, SY, Y, I, YW/YM) |
| 100m Final (P, SB, B, SM, M, SY, Y, I YW/YM) | Long Jump (P, SB, B, SM, M, SY, Y, I, YW/YM) |
| 80m Hurdles (SM,M) | High Jump (SB, B, SM, M, SY, Y, I, YW/YM) |
| 100m Hurdles (SY, Y, IG,YW) | Shot Put (P, SB, B, SM, M, SY, Y, I, YW/YM) |
| 110M Hurdles (I, YM) | Triple Jump (SY, Y, I, YW/YM) |
| 4X100M Relay (P)(SB,B,)(SM, M)(SY,Y)(I) (YW/YM) | |
| 1500m Run (P,SB, B, SM, M, SY, Y, I, YW/YM) | |
| 1500m Race walk (SB, B, SM, M) | |
| 3000M Race walk (SY, Y, I, YW/YM) | |
| 400m finals (P, SB, B, SM, M, SY, Y, I, YW, YM) | SHOT PUT*4lb P, 6lb SB, B,SM,M |
| 200m hurdles (SY,Y) | *6lb SYG,YG, 4KG SYB,YB,IG,YM, |
| 400m hurdles (I, YW/YM) | *12LB IB,YM |
| 800m run (P, SB, B, SM, M, SY, Y, I, YW/YM) | DISCUS: 1KG SM, M, SY,Y,IG,YW |
| 200m finals (P, SB, B, SM, M, SY, Y, I, YW/YM) | 1.6KG IB,YM |
| 4X400m relay (SB,B)(SM,M) (SY, Y)(I) (YW/YM) | |

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- **Note: any contacts listed within this flyer MUST have a current AAU Membership.**

FOR MORE INFORMATION:
John Martinez
720-422-0591 or 303-263-2319