



**DATE & TIME:** Saturday, February 15, 2025, from 7:00am – 7:00pm  
**AGE GROUPS:** Youth Athletes Only!  
**AWARDS:** None, the clinic and competition is your award!  
**RULES:** AAU Powerlifting & AAU Weightlifting Rules  
**LOCATION:** Thompson Jr. High Weightroom, 4200 Planz Rd, Bakersfield, CA 93309



**FOR MORE INFORMATION:**  
Dr. Bryan Bowens 661-770-7280  
[Bryan.Bowens@TeamJuanatas-Bowens.org](mailto:Bryan.Bowens@TeamJuanatas-Bowens.org)

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership is not included as part of the entry fee to the event.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership at least 14 days prior to event.

**Super Total = Weightlifting + Powerlifting**

