



BIG CAT DIVING CLUB

Dear Coaches and Parents:

We would like to invite you all to the Houston Holiday Hoedown on December 3rd and 4th, 2022. We will be hosting this event at the University of Houston Recreation and Wellness Center on the University of Houston main campus. We hope you will come and enjoy this beautiful facility and we hope to make this meet as fun as it always is.

Please register online at www.divemeets.com

HOTELS

UH Hilton on campus - right across the street from the pool Phone number: 1-800-468-3584

Westin Houston Medical Center 10 min drive 1709 Dryden Rd., Houston, TX, 77030
Phone number: 713-730-2404

Holiday Inn Downtown 5 min drive 1616 Main St, Houston, TX, 77002
Phone number: 713-658-8888

Medals for top 3 places and ribbons for 4-6 place finish

T-Shirts - A google doc. e-mail will be sent out for pre-order. There will be limited extra shirts available in the lobby.

Important Info: Entry into the diving facility is through the lobby only. You will need to either bring a signed copy of the Rec. waiver sent to coaches or fill one out on site with a **parent signature** to receive a deck pass. We will have the meet entry table and registration table directly in the lobby. Please be aware that no athletes or parents may enter any other part of the facility. No parents will be allowed on deck - spectator stands only!

DATE: Saturday/Sunday, December 3-4, 2022

EVENT START TIME: 8:15AM

MEET SITE: The University of Houston Campus Recreation and Wellness Center
Address: 4500 University Drive; Houston, TX 77004
Phone: 713-743-PLAY
Parking: Friday - parking garage on Calhoun
Saturday & Sunday - parking lot on University Drive

FACILITY: Two 1 M Maxiflex, Model B diving boards
Two 3 M Maxiflex, Model B diving boards
1M, 3M, 5M, 7.5M and 10M Platforms
Pool Depth: 17 feet

SANCTION: This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU youth membership must be obtained before the competition begins. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aasports.org to obtain their membership.

ENTRY FEES: \$60 per Event - Register at www.divemeets.com

LATE FEE: \$75 Begins Tuesday, November 29th, 9AM

REGISTRATION CLOSES: Friday, December 2nd, 8PM; dive changes online until 8pm night before.
\$100 late fee for on deck entries/\$50 for dive changes on deck (after 8pm the night before).

CHECK IN: There will be a check-in table in the CRWC/Pool lobby.
All divers and coaches must check in to receive deck pass!

MEET DIRECTOR: Stephanie Gunter
bigcatdiving@sbcglobal.net
281-658-6399 cell

AWARDS: Medals 1st through 3rd place; Ribbons 4th through 6th

MEET APPAREL: Meet apparel will be available for pre-sale via google doc. and limited supply in the lobby. If you want your child's name to appear on the competitors list, please register on www.divemeets.com by Thursday, December 5th by noon.

WORKOUTS: Friday, December 2nd - 4:00 - 6:45PM - OPEN WORKOUT
Coach must be present!
Saturday & Sunday, December 3rd & 4th
7:00am to 7:45am Open Novice/FC Warm Up ONLY
There will be a one & 1/2 hour Flighted JO Warm up between Novice Event and Platform Event.

Saturday, December 3rd

| | | | |
|-----------------|-------------|-----------------------------------|----------------------------------|
| | 7:00 - 7:45 | Novice FC Open warm-up | |
| | 7:45-8:10 | 1st event warmup | |
| National Anthem | 8:10 | | |
| | | 1 meter | 3 meter |
| Event 1 | 8:15 | FC 9&UG, 10-11G, 12-13B, 14-18B | FC 9&UB, 10-11B, 12-13G, 14-18G |
| | 20m | event warm-up | |
| Event 2 | | Nov 9&UG, 10-11G, 12-13B, 14-18B | Nov 9&UB, 10-11B, 12-13G, 14-18G |
| J.O. Warm-up | 1.5 hour | Flighted Warm Up for Springboards | Open Warm Up for Platform |
| Event 3 | | Girls Platform | |
| | 30m | event warm-up | |
| Event 4 | | J.O. Boys Group A, E | J.O. Boys Groups B, C, D |
| | 30m | | |
| Event 5 | | J.O. Girls Groups B, C, D | J.O. Girls Group A, E |

Sunday, December 4th

| | | | |
|-----------------|-------------|-----------------------------------|----------------------------------|
| | 7:00 - 7:45 | Novice FC Open warm-up | |
| | 7:45-8:10 | 1st event warmup | |
| National Anthem | 8:10 | | |
| | | 1 meter | 3 meter |
| Event 6 | 8:15am | FC 9&UB, 10-11B, 12-13G, 14-18G | FC 9&UG, 10-11G, 12-13B, 14-18B |
| | 20m | event warm-up | |
| Event 7 | | Nov 9&UB, 10-11B, 12-13G, 14-18G | Nov 9&UG, 10-11G, 12-13B, 14-18B |
| J.O. Warm-up | 1.5 Hour | Flighted Warm Up for Springboards | Open Warm Up for Platform |
| Event 8 | | Boys Platform | |
| | 30m | event warm-up | |
| Event 9 | | J.O. Girls Group A, E | J.O. Girls Groups B, C, D |
| | 30m | | |
| Event 10 | | J.O. Boys Groups B, C, D | J.O. Boys Group A, E |