



Montana State AAU Wrestling Tournament

Hosting Teams: Project Wrestling Club and Sidney Wrestling Club

Billings, Montana - MetraPark

All Montana AAU Standing Rules Apply (5-2015)

REGISTRATION

REGISTER: Online

at www.trackwrestling.com

AAU CARDS: Purchase at ausports.org before the tournament.

DEADLINES:

- Online: Closes Thursday, March 20th @ 9:00 PM
- Onsite: Friday, March 21st during weigh-ins. No Saturday registration.

DIVISIONS: Boys in boys divisions, girls in girls divisions. No cross bracketing and No double bracketing

CLUB: Wrestle under the club on your AAU Card.

ELIGIBILITY: Open to bordering states without a State AAU Wrestling Tournament (ND, ID, WY).

DIVISIONS & WEIGHT CLASSES: See 2025 AAU Wrestling Division/Ages/Weights.

ENTRY FEE:

- Online: \$30
- Onsite: \$50

ADMISSION

- Adult All Session (Fri, Sat, Sun): \$35
 - Student All Session (Fri, Sat, Sun): \$25
 - Adult Saturday/Sunday: \$25
 - Student Saturday/Sunday: \$19
 - Single Day Adult: \$15
 - Student Single Day: \$12
- Plus Taxes and Fees*

WEIGH-INS

- **8U, 10U, 12U:** Friday, March 21st 2:00 PM - 4:00 PM
- **6U, 14U, 16U, 19U:** Friday, March 21st 4:30 PM - 8:00 PM

EARLY WEIGH-INS:

- **FEE:** \$10
- **DATE/TIME:** Friday, March 21st, 10:00 AM - 2:00 PM
- **½ POUND RULE:** If over by ½ pound or less, you can lose weight and re-weigh. Over ½ pound, you can challenge on another scale. If still over, you'll move to the next weight class.
- **WEIGH-INS:** Lower level of the Metra. No Saturday weigh-ins.
- **ATTIRE:** Wrestlers must weigh in singlet.
- **14U, 16U, 19U ALLOWANCE:** 2-pound weight allowance

SESSIONS

BOYS/GIRLS

- **Friday** 5:30 PM-9:00 PM
8U, 10U & 12U
- **Saturday AM** 9:00AM-2:00PM
6U, 14U, 16U & 19U
- **Saturday PM** 2:30 PM-8:00 PM
8U, 10U & 12U
- **Sunday** 9:00 AM
All Divisions

AWARDS

- 1st-6th Individual Placing
- Large, Medium, Small Team Trophy; Traveling Trophy

COACHES

- **COACHES PASSES:** \$50 cash only, available at Weigh-Ins. Pay early with QR code pick up at weigh-ins only. (lower level of the Metra). Access to floor and hospitality room.
- **REQUIREMENTS:** Show Montana AAU Coaches Clinic Card, AAU Card, ID and pre-paid receipt if applicable.
- **MAT ACCESS:** Two coaches per wrestler.
- **TRAINING:** Mandatory clinic required. If attending at State, \$10 fee. Clinic on March 21, 2025, 2:00 PM at the Metra.
- **EXEMPTIONS:** High School coaches and MOA Officials exempt from clinic. Must still have an AAU Card.



METRA CLEAR BAG POLICY

APPROVED BAGS:

- Clear bags up to 12" x 6" x 12"
- Small clutches up to 4.5" x 6.5"
- One-gallon clear plastic freezer bags
- Diaper and medically necessary bags

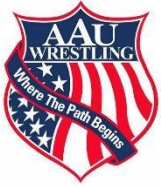
ENTRY: Coaches and wrestlers enter through the back with wrestling bags.

DETAILS: Visit metrapark.com for full clear bag policy, including exceptions.

AAU NATIONAL IOWA DUAL TEAM QUALIFIER: Placing will determine eligibility for the try-outs that will be held at the conclusion of the tournament. For more information contact Nick Lonski 406-489-1523 or Guy Melby 406-489-2831

Tournament Contacts:

Ty Graves: 406-489-1531 Tim Kaczmarek: 406-861-9265



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- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All Participants must have a Current AAU Membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete memberships must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at the event. Please allow 10 days for memberships to be processed.

- Participants are encouraged to visit the AAU website at ausports.org to obtain their membership.



2025

AAU WRESTLING DIVISIONS / AGES / WEIGHTS

Division is determined by Year of Birth OR Age on Day of Tournament.

Tournament Director of Individual Championships reserve the right to choose if tournament will use end of the year Birth Year (below) or **Birthdate on Day of Tournament**. Choice will be published in "Tournament Brochure"
 *Tot – Bantam – Midget – Novice and Schoolboy Hwt classes will include – Lt. Hwt Hwt Super Hwt (if needed)

Divisions Age Birth year # of weights	6U Previously: Tot 6-under 2019/after	8U Previously: Bantam 7-8 2018/2017	10U Previously: Midget 9-10 2016/2015	12U Previously: Novice 11-12 2014/2013	14U Previously: Schoolboy 13-14 2012/2011	16U Previously: Cadet 15-16 2010/2009	19U* Previously: Elite 17-18-19* 2008/2007 2006**	Senior 19-29 2006/1996	Masters 30-up 1995/Before
	7	11	15	15	18	17	15	10	11
	30	40	50	60	70	84	98	125	125
	35	45	55	65	75	91	106	133	133
	40	50	60	70	80	98	113	141	141
	45	55	65	75	85	106	120	149	149
	50	60	70	80	90	113	126	157	157
	55	65	75	85	95	120	132	165	165
	Hwt*	70	80	90	100	126	138	174	174
	(90 max)	75	85	95	105	132	145	185	185
		80	90	100	110	138	152	197	197
		90	95	105	115	145	160	Hwt	215
		Hwt*	103	112	120	152	170		Hwt
		(125 max)	112	120	125	160	182		
			120	130	130	170	195		
			130	140	140	182	220		
			Hwt*	Hwt*	150	195	285		
			(175 max)	(205 max)	160	220	(max)		
					180	285			
					Hwt*	(max)			
					(260 max)				

**2006 Elite – Must be in High School or graduated in current year / must provide proof

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