



**DATE:** March 9 & 10, 2024

**Age Group:** Age determined by 1<sup>st</sup> Day of Nationals: June 20<sup>th</sup>, 2024

**AGE GROUPS & LEVELS:** AAU Age 4-up: , Levels 1 - 4, 7, 8, Xcel Copper, Bronze, Silver, Gold, Platinum, Diamond,

Sapphire & Ruby (Hugs)!

**Recreational Levels:** Xcel copper, bronze, silver, gold / Lv.1 /Boys

**ENTRY FEE:** \$60 per individual, \$35 per team entry

*\*PLEASE PROVIDE GYMNASTS TSHIRT SIZES\**

**DEADLINES:** Rosters: January 25, 2024, \$5 late fee per gymnast after deadline.

Meet Fees February 1, 2024, Withdraw deadline 1 week following competition schedule posting Apr. 2/9/22.

**FORMAT:** Group Sessions, Modified capital cup format

**AWARDS:** Level 1, XCopper, XBromze: All Age groups 100% award placement

Level 2 & up: All age groups with more than 5 gymnasts will be awarded 50% +1, under 5 is 100% awards

Team Awards: 100% of teams entered with paid team entry fee will receive team awards.

**LOCATION:** Hays High School, Hays KS.

**ENTRY FEES PAYABLE TO:** Heartland Booster Club (HBC) 1803 General Custer, Hays KS. 67601

**HOST HOTEL:** Pending to be announced.

**COACHES TSHIRT for Purchase:** Order information will be forth coming.

Gymnasts will each receive one as free gift.

**RULES:** Tournament will follow current AAU Rules & Judging & Missouri Valley district rules This event will be sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU

membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an Internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

FOR MORE INFORMATION: Meet Director Tawnita Augustine 785-625-5567 [heartlandboosterclub@gmail.com](mailto:heartlandboosterclub@gmail.com)

