

# NITRO TRACK CLUB

8<sup>TH</sup> ANNUAL TRACK MEET

APRIL 20, 2024

Location: Desoto High School \*Eagles Stadium\*  
600 Eagle Dr. Desoto, TX 75115

REGISTRATION: Gates Open at 6:30AM

Fee: \$10 per Athlete / \$10 Spectators / Coaches free with current membership (limit 5 per team)

Time: Coaches Meeting starts at 8AM

Running events start at 8:30AM

Field events start at 8:30AM

**One Session Meet on A Rolling Schedule\*\*FIELD EVENTS WILL START ON TIME NO EXCEPTION\*\***

## FIELD EVENTS-8 and under thru 18 years old

Discus: 17-18, 15-16, 13-14, 11-12

Shot Put: 9-10, 11-12, 13-14, 15-16, 17-18

Long Jump: 17-18, 15-16, 13-14, 11-12, 9-10, 8 and under

Triple Jump: 13-14, 15-16, 17-18

High Jump: 9-10, 11-12, 13-14, 15-16

\*FIELD EVENTS FOR 12 AND YOUNGER WILL BE A 3 JUMP/THROW FINAL

\*FIELD EVENTS FOR 13 AND OLDER WILL BE A 4 JUMP/THROW FINAL

## ORDER OF RUNNING EVENTS

1500M: Race Walk 9-10 and 11-12

3000M Run: 11-12, 13-14, 15-16, 17-18

80/100/110 Hurdles: 11-12, 13-14, 15-16, 17-18

Munchkin 50m Dash: 6 and under

100m Dash: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

800m Dash: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

4x100m Relay: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

4x100m Relay: Parents / Coaches

400m Dash: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

200m Dash: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

1500m Run: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

4x400m Relay: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

\*\*\*NOTE: ATHLETE'S AGE AS OF DECEMBER 31, 2024, WILL DETERMINE AGE DIVISION

\*\*BLOCKS CAN BE USED AT AGE 13 AND UP

\*TENT SETUP AVAILABLE FRIDAY, APRIL 19, 2024, FROM 4:00PM TO 6:00PM

- This event is licensed by the Amateur Athletics Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athletes membership must be obtained before the competition begins, except where the event operator has a laptop with an internet connection.  
**Be Prepared:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

**FOR ADDITIONAL INFO:**

**PLEASE CONTACT: COACH BOOKER AT 972-804-5479 or COACH BYRON AT 214-535-3266**

**Email: [mzbook33@sbcglobal.net](mailto:mzbook33@sbcglobal.net)**