

2023 AAU Pacific Southwest District Championship

Saturday 18 February 2023

University of California, San Diego



DATE: Saturday 18 February 2023

TIME: 9 AM

LOCATION: UC San Diego, 9500 Gilman Drive #0107,
La Jolla, CA 92093--0107 (Main Gym)

HOST: AAU Pacific Southwest

ENTRY DEADLINE: 11 February 2023
Online Registration: ****ADD URL HERE****

ENTRY FEE: \$65 (pre-registered) \$75 (at the door)

AGE: 5 and up

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

Ophira Bergman

(619) 846 – 9108

ucsdkarate@gmail.com

www.karate.ucsd.edu



Ophira Bergman
Chairperson, AAU Pacific Southwest Karate

7429 Volclay Drive
San Diego, CA 92119

November 2022

Dear Athletes,

Last year tournaments were back in full swing. We ended the season with hosting both the national and WUKF World Championships in Ft Lauderdale Florida. As usual, we had strong representation from southern california. We want to welcome you to the 2023 AAU District Championship. Thank you for the time and support for our tournament. Our association has always enjoyed top-level athletes in all age categories, and we hope to continue surpassing our past achievements in our drive to this year's event.

This year at the Pacific Southwest District Championships we will be adding a few new divisions. The first is inclusive kata division. You can find the rules [here](https://image.aausports.org/dnn/karate/2021/AAUKA-InclusiveKarateRules.pdf) (<https://image.aausports.org/dnn/karate/2021/AAUKA-InclusiveKarateRules.pdf>). The second is Ultimate WUKF Team Rotational. The idea behind this division is that you get randomly assigned to a team of similar age & level competitors. If you have ever wanted to participate in a team event and struggled to field enough athletes to make a 3 person team, this division was created for you.

We look forward to hosting you once again at UC San Diego and we wish everyone the best of luck at the 2023 Pacific Southwest District Championships.

Sincerely,

Ophira Bergman

Chairperson, AAU PSA

AAU PSW District Karate Championship
Saturday 18 February 2023

Tournament Director

Ophira Bergman
7429 Volclay Drive
San Diego ca. 92119

Tournament Location

UC San Diego Main Gym
9500 Gilman Dr.
La Jolla Ca. 92093

Events: Kobudo, Kata, Kumite

Rules: Modified AAU Rules

Registration ends: 11 February 2023

Fee: \$65 (pre-registered) \$75 (at the door)

Checks payable to: **Okinawa Karate UCSD** Paypal: ucsdkarate@gmail.com Venmo: @Ophira-Bergman

Dress Code

- Traditional white gi. Traditional karate attire.
- All kumite safety equipment is mandatory.

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership. Register at www.aausports.org

AAU membership is not included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins.

Admission is free for all spectators.

Ophira Bergman: (619) 846-9108 Karate.ucsd.edu

ucsdkarate@gmail.com

Black Belts compete FIRST! 9am SHARP!

AAU PSW District Karate Championship
Saturday 18 February 2023

REGISTRATION FORM

Male or Female (CIRCLE)

EVENTS _____ Age (as of June 2023)

___ BEGINNER ___ NOVICE ___ INTERMEDIATE ___ ADVANCED
___ KOBUDO ___ KATA ___ KUMITE ___ TEAM ROTATIONAL ___ INCLUSIVE

(Please Print)

Name: _____

Address: _____

Date of Birth: _____ AAU # _____

Dojo or Club: _____

E-mail Address: _____ Phone # _____

Return forms to: Ophira Bergman 7429 Volclay Dr. San Diego CA 92119

Email: ucsdkarate@gmail.com Phone: (619) 846-9108

Checks payable to: [Okinawa Karate UCSD](#) Paypal: ucsdkarate@gmail.com Venmo: @Ophira-Bergman

Adult & Minor Amateur Athletic Union Waiver and Release of Liability

In consideration of being allowed to participate in any way in the AAU Collegiate Karate Championship, and related events and activities, the undersigned:

1. Agrees that prior to participating, they know and understand the Rules of Competition, and that they (if under 18 years of age a Parent or Guardian) will inspect the facilities and equipment to be used, and if the participant and/or Parent or Guardian, believes anything is, or may be, unsafe, they will immediately advise their coach or supervisor and the AAU Collegiate Championship personnel of such condition(s) and refuse to participate unless and until such condition is remedied.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction's or negligence but the actions, inaction's or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. The undersigned assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.

3. Release, waive, discharge and covenant not to sue AAU, Okinawan Karate-Do at UCSD, University of California San Diego, the Regents of the University of California, the Board of Trustees, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releasees" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. The undersigned shall indemnify the releasees and hold them harmless for any losses, liability or damages, which may result from any failure or defect of such release.

4. **All entries are final; no refunds will be given.** I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any and all photographs or video images taken of me in connection with the Tournament can be reproduced and used for publicity, promotion or other purpose by the AAU Collegiate Championship and Okinawan Karate-Do at UCSD, its licensees or assigns now or in the future, and published or broadcast by any media whatsoever, and I hereby waive any and all claim for any compensation of any kind in regard thereto. All participation in any event or class in this Tournament is by permission only. The Tournament Director or her/his authorized agent(s) reserve the right to refuse entry to any person, school, team or club.

5. **PLEASE NOTE: All athletes must be covered by their own health or medical insurance in order to compete.**

6. **Statement of Health.** By my signature below, I certify and declare that I am in sound health, with valid medical or health insurance coverage in effect at this time, and there is no reason why I cannot participate in this competition. The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

Date

Signature of Contestant (If 18 or older)

Signature of Parent/Guardian

Please read entire form before signing. All Information is required



UCSD Map & Directions From Oslo Parking to Main Gym

Note: At the moment, “Oslo Parking Structure” is currently referred to as “ChargePoint Charging Station” on Google Maps.

