



**NORTH CAROLINA AAU WRESTLING  
PRESENTS**

# **2023 AAU ROOKIE STATE CHAMPIONSHIP**

**PRESENTS**

**2023 STATE CHAMPIONSHIP**

**SATURDAY, MARCH 4th, 2023**

**Hickory Metro Convention Center & Visitors Bureau  
1960 13th Av. Drive SE, Hickory, NC 28602**

**Morning Session: TOT, BANTAM, MIDGET, JUNIOR**

**Afternoon Session: SCHOOL BOY, CADET, ELITE**

**ONLY NC RESIDENTS WITH AAU CARDS MAY PARTICIPATE**

**This Tournament is for 1st and 2nd season wrestlers only.**

**High School wrestler cannot be State placers**

**ALL WRESTLERS MUST PRE-REGISTER & PAY ONLINE BY THURSDAY,**

**MARCH 2nd, 2023, AT MIDNIGHT**

**ENTRY FEE: \$40 (WRESTLERS MAY ONLY WRESTLE ONE DIVISION and ONE WEIGHT)**

**COACHES MEETING Saturday Morning, March 4th @ Hickory Metro Convention Center 8:15 AM**

**Doors will open at 7:00am on Saturday March 4<sup>th</sup>.**

**OPENING CEREMONIES BEGIN SATURDAY AT 8:45 AM**

**TOTS THROUGH JUNIORS WILL BEGIN WRESTLING AT 9:30 AM**

**SCHOOL BOYS through Elite BEGIN AT 2:45 PM**

**AAU CARDS REQUIRED FOR WRESTLERS AND COACHES**  
**CARDS WILL NOT BE SOLD AT THE EVENT**  
**(Please see Coaches information)**  
**ADMISSION Individual - \$10.00 Children 5 & Under Free**

**This event is licensed by the Amateur Athletic Union of the U.S. Inc. -All participants must have a current AAU membership -AAU membership may not be included as part of the entry fee to the event. -AAU Youth athletic membership must be obtained before the competition begins.**

**BE PREPARED: Adult and Non- Athlete Memberships are no longer instant and CANNOT be applied for at event. Please allow 10 days for membership to be processed. Pending AAU Cards with not be accepted. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership prior to competition.**

**WRESTLER ELIGIBILITY**

- All wrestlers must have a valid AAU card and be a resident of North Carolina.
- AAU cards will NOT be sold at the tournament.
- (AAU cards can be purchased online at <http://www.aausports.org>.)
- Online registration must be completed via <http://www.Trackwrestling.com>
- Entry Fee must be paid online (Pay online with Credit Card.)
- REGISTRATION CLOSES ON THURSDAY, MARCH 2,2023 at MIDNIGHT.
- ONLINE WEIGHT CHANGES may be made & are due by March 2nd at midnight.
- NO LATE REGISTRATIONS AND NO WALK-IN REGISTRATIONS!
- ALL Wrestlers may weigh-in Friday, March 3rd, 2023 6:30pm - 8:30 pm
- ONLY Morning Session Wrestlers– weigh-ins Saturday, March 4, 2023 7:00-8:00 am
- Afternoon Session Wrestlers must weigh-in by Saturday, 12:00 – 1:00 pm.
- (Afternoon wrestlers only have to weigh-in once.)
- At weigh-in each Wrestler MUST have required Proof Documents
- (Valid AAU Card and Proof of Age (on person))

**ROOKIE DIVISIONS AND WEIGHTS:**

**TOT 2017/AFTER - 35, 40, 45, 50, 55, HWT (75 Max)**

**BANTAM 2015/2016 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (125 Max)**

**MIDGET 2013/20014 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT (175 Max)**

**JUNIOR 2011/2012 60, 65, 70,75,80,85, 90, 95, 100, 105, 112, 120, 130, 140, HWT (205 Max)**

**SCHOOL BOY 2009/2010 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT (260 Max)**

**CADET 2007/2008 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220,285**

**ELITE 2004\*/2005/2006 106, 113, 120, 126, 132, 138, 145, 152, 160,170,182,195,220,285**

**ELITE MUST STILL BE IN HIGH SCHOOL & MUST PROVIDE PROOF**

**WRESTLERS MAY ONLY WRESTLE ONE WT CLASS/DIVISION IN THE TOURNAMENT**

**TOURNAMENT LIMITS** Based upon running 8 mats in both the morning and afternoon sessions a limit of 1000 entries will be accepted to ensure adherence to the planned schedule. Register early to reserve your spot.

**VERY IMPORTANT: WE MUST HAVE TABLE WORKERS AND WRESTLING MATS FOR THE EVENT!** *Contact the Tournament Director if your club will provide a wrestling mat and/or work a table.*  
**Table workers should check-in Friday night, March 3rd to receive their work package.**

**WEIGH-INS: FRIDAY (March 3rd) 6:30-8:30PM**

**SATURDAY (March 4<sup>th</sup>) WEIGH-INS**

**Only Morning session will weigh in from 7:00-8:00AM**

**Afternoon sessions will weigh in from 12:00-1:00 PM**

**Wrestlers Must Make Weight for Division/Wt Class Entered and bring Completed Registration Form & Proof Documents (valid AAU Card & proof of age)**

Wrestlers **MUST** wear a singlet to weigh-in. If you do not have a singlet, wear gym shorts and t-shirt. Wrestlers will **NOT** be allowed to strip down to underclothes to weigh-in and they are **NOT** allowed to leave the area once reporting to weigh-in. A scale will be available to check your weight so make sure you can make weight **BEFORE** reporting for your official weigh-in. Skin, hair, and nails will be checked before wrestlers will be allowed to weigh. All wrestlers must get on the scales. **WRESTLERS MUST MAKE THE WEIGHT IN WHICH THEY REGISTERED. (IF YOU DO NOT MAKE WEIGHT, YOU WILL BE SCRATCHED OR YOU MAY PAY A \$20.00 RE-BRACKET FEE.)** There will be no rebracketing fee on Friday night only

**NO weight allowance will be given during weigh-in.**

Weigh-ins close promptly at 8:30pm on Friday and 8:00am & 1:00pm on Sat. NO refunds for those who do not make weight or no shows. There will be no rebracketing fee on Friday night only.

**PAIRINGS:** Pairings will take place prior to the event. Wrestlers may be placed via a blind draw format to fill brackets with efforts to separate team members in first round. A “bye” will be given where needed to fill brackets. Wrestlers who do not make weight and “no shows” will be scratched.

**MATCH GUIDELINES:** Modified high school rules will be followed with modifications as to weight and periods. Singlets or TIGHT-FITTING tee and shorts, Mouth Protection (required if you have braces or orthodontic device on teeth).

**Tots through Midget wrestle three one-minute periods (1 – 1 – 1).**

**Junior through Open wrestle three one and one-half minute periods (1½ – 1½ – 1½).**

**WRESTLE BACK for 2nd Place** For all Divisions Tot through Open, in bracketed pairings, the 3rd place finisher will only be allowed to wrestle back for 2nd place, if 3rd and 2<sup>nd</sup> have never meet in the bracket.

- **INDIVIDUAL** – Awards to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place winners in each Division/Weight Class

#### **COACH'S REGISTRATION (Important Information)**

- Head Coaches need to Register themselves and all assistant Coaches before event. (Only those coaches that have been pre-registered will be allowed on the floor)
- All Coaches must show a valid AAU Card & ID for free admission into the facility.  
**NO pending AAU cards will be accepted.**
- A \$5 Fee (pre-registration) per Coach/Assistant must be paid during coach's registration for a floor pass. \$10 for Walk-In Coach/Assistant.  
**AGAIN—NO PENDING registrations will be accepted.**
- Coaches should pick up their registration packet during Fri. weigh-ins to relieve congestion on day of event. Wristbands will only be given to those Coaches that have pre-registered.
- Be prepared: Adult and Non- Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Please send Pre-Registration information (Coaches/Assistants names and AAU numbers) to [dynamicwrestling13@gmail.com](mailto:dynamicwrestling13@gmail.com)

**(Please state it is for the 2024 NC AAU Rookie State Championships)**

# REGISTRATION FORM/Weight Card

Have this card filled out and go directly to the scales

## 2023 NC Rookie State Championship SATURDAY, MARCH 4, 2023

Hickory Metro Convention Center & Visitors Bureau  
1960 13th Av. Drive SE, Hickory, NC 28602

Team Name: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

AAU Number: \_\_\_\_\_

In consideration of your acceptance to my entry, I and my legal heirs do hereby waive and release any and all claims for damages I may have against the North Carolina (NC) Amateur Athletic Union (AAU) Wrestling Association, Hickory Metro Convention Center and Visitors Bureau, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by the name indicated above in connection with the 2023 AAU NC Rookie State Championships. I have reviewed the flyer for this tournament and agree to all rules and guidelines stated for the event.

\_\_\_\_\_  
Wrestler Signature

\_\_\_\_\_  
Parent/Guardian Signature Date

Nail/Skin Check	Division	Weight Class	Actual Weight

Weigh-in Operator Only:

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(CADET & ELITE WEIGHTS MAY BE COMBINED IF NEEDED. NO GUARANTEED AWARD)