

**2022 OZD Attitude of Gratitude Invitational**  
**Saturday November 19, 2022**  
**AAU Membership Required - License #**

Meet Director - Jim Kelly  
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**Register** thru: [DIVEMEETS.COM](http://DIVEMEETS.COM)

**Hosted** by : Osprey ZAP Diving  
[www.ospreyzapdiving.com](http://www.ospreyzapdiving.com)

**Meet Site:** North County Aquatic Center - 9450 Sebastian Blvd  
Sebastian, FL 32958

**Eligibility:** This event is licensed by the **Amateur Athletic Union of the U.S., Inc**

All participants must have a AAU membership  
AAU membership may not be included as part of the entry fee to the event  
AAU Youth Athlete membership must be obtained before the competition except when the event operator has a laptop available with an internet connection

**Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU website: [www.AAU.sports.org](http://www.AAU.sports.org) to obtain membership.

Note: Any contacts within this flyer MUST have a current valid AAU membership

**Facility:** Two model B 1-meter & two model B 3-meter boards; Depth: 12' 6"

**Rules:** Current AAU rules will apply; COVID Protocols are in place

**Entry Fee:** \$35 per event; \$20 late registration fee after 5 pm Thurs - Nov 17th-Sorry No Refunds

**Awards:** MEDALS for top THREE / Ribbons for 4-6

**Events:** Boys & Girls, Novices & JO will dive together in their respective age groups, but will be scored separate for awards purposes ; 30 minute warmups before each event but may be adjusted as necessary. 8:00-8:30 general warmup-8:30-8:55 1st event only.

Follow meet timeline on [divemeets.com](http://divemeets.com) and we will text final timeline after 3 pm deadline

Events: we may adjust & combine events further if necessary.

#1 11 & Under Girls 1 meter and Boys 3 meter (7&U, 9&U, 10-11) 9:00 am start

#2 11 & Under Girls 3 meter & Boys 1 meter

#3 12-13 Girls 1 meter & Boys 3 meter

#4 12-13 Girls 3 meter & Boys 1 meter

#5 14-18 Girls 1 meter & Boys 3 meter

#6 14-18 Girls 3 meter & Boys 1 meter

Timeline after registration deadline of Nov 17th

COVID protocols will apply and further instruction will be provided to participants