# 2024

# AAU REGION 18 REGIONAL EVENT INFORMATION



## **REGISTRATION DEADLINE - WEDNESDAY, JUNE 19TH AT 11PM**

TO ENTER ATHLETES ON THE COACHO.COM SYSTEM

REGISTRATION SITE: www.coacho.com

REGISTRATION FEE: \$30 Track/Field Per Athlete

**\$30** Multi-Event Per Athlete
The FEE IS PER ATHLETE, NOT PER EVENT

SPECTATOR ADMISSION: \$15 Per Person/Per Day/ Cash Only

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LOCATION: Chisholm Trail High School - Rangers Stadium

ADDRESS: 3100 NW College Dr. Fort Worth, TX 76179

#### **LICENSE AND SANCTION:**

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU Membership. \*

AAU membership may not be included as part of the entry fee to the event \* AAU Youth Athlete membership must be obtained before the competition begins \* BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed \*

Participants can visit the AAU website www.aausports.org to purchase AAU Memberships.

## **BUY 2 WRISTBANDS AND GET ONE FREE** EARLY-BIRD SALE AT CREDENTIAL PICK-UP ON 6/24 AT COMFORT SUITES. ONLY AVAILABLE AT CREDENTIAL PICKUP ON MONDAY 6/24

Email mytrackmeets@gmail.com with a requested time to make payment and pickup Credentials or you may mail your payment to: UYAA POB 482 CRESSON, TX 76035

#### **MEET DIRECTOR CONTACT:**

NICK OR JO SCOTT via email mytrackmeets@gmail.com via text: 214 7294305

No tent set-up without entry credentials, please do not ask.

#### **CREDENTIAL PICKUP:**

Monday June 24th and early purchase for wristbands for either day of the meet

#### **PICKUP LOCATION:**

COMFORT SUITES 411 WEST RD. TO SIX FLAGS ARLINGTON, TEXAS 76011

#### PICKUP TIMES FOR CREDENTIALS:

9:00am - 6pm appointments required...email mytrackmeets@gmail.com for a time

Credentials for unattached athletes may be picked up in advance or at the stadium on any day of the meet.

#### LOST CREDENTIALS:

Lost athlete credentials can be replaced for \$20 during the meet at the stadium ticket booth.

#### ADVANCEMENT:

Top 5 individual running events, top 5 relays

Top 5 field events, top 3 multi-events, in each age div. & gender will qualify to the jr. Olympic games

#### **MEDICAL:**

Certified trainers will be on hand for injuries and first aid only: no competition taping, Rub-downs or stretching athletes.

#### STADIUM:

Parents, and fans on the home side bleachers, athletes and coaches on the visitors side. No Setup or loitering on the homeside concourse area where office space, ticket booth, And elevators are located.

**Protest:** \$75 cash within 30 minutes after results are posted for each event. Lost protest will forfiet deposit.

Implements: Athletes must bring their own competition implements for field events.

Livestream: www.flotrack.org www.athletic.net

## **HOW TO REGISTER FOR THE 2024 REGION 18 REGIONAL MEET**

- All competitors must have a 2024 aau membership.

  Go to www.aausports.org to purchase your athlete membership coaches may Purchase a non-athlete membership

  Clubs can purchase a club membership

  If you competed in the district meet, you should already have this.
- Events that do not require district qualification are; steeplechase, javelin, polevault, Multi events
- Go to www.coacho.com select "online registration & calendar" scroll down to the date June 26th june 30th and select region 18 regional meet in fort worth, texas.
- You can not pay for this meet on the registration website online.---reason— payments made online may be delayed in being available until after the conclusion of the meet. The meet host uses registration fees to pay meet expenses in advance of the meet.
- Print a copy of your registration pages. It will be listed as the "acknowledgment pages" showing all athletes names, events registered into, and balance due.
- Mail in payments send a copy of the acknowledgement page(s) and fees to:
  UYAA P.O.B. 482 CRESSON, TX 76035 TRACK & FIELD \$30 Per athlete, Not per event, Multi events \$30
  Make payment payable to: uyaa ..no checks, certified funds only.. Money order or cashier's checks.
  - Walk-in payments appointments required for clubs.... Monday, june 24th
    Email mytrackmeets@gmail.com for your appointment.... Make a copy of your registration
    Acknowledgment pages listed above. Bring the documents, and "cash" payment to: Comfort suites hotel
    411 West Road to Six Flags Arlington, TX 76011 June 24th
    If the head coach is unavailable to come, please email us the name of your club
    Representative that will pick up credentials for your team. Club appointments available
    From 9am to 6pm .... There will be 2 hour break ....time to be announced
    Unattached athletes may zelle the registration fees to 2147294305, zelle is not available to
    Clubs of 11 or more athletes. Do not zelle any payment after june 21st.

Registration deadline: June 19th at 11pm (revised)

By competing in, and attending this meet, you acknowledge that you understand the risk of accidents, possible injuries, and the possibility of contracting covid 19 and varients of this pandemic. You acknowledge that you hold harmless the amateur athletic union, ptc youth success - pioneer track club, and and it's assigned representatives hosting the meet from liability if sickness, accidents, or injuries occur.

### TRACK & FIELD REGIONAL MEET SCHEDULE OF EVENTS

(please note: This schedule is subject to change without prior notification)

**LOCATION:** 

Chisholm Trail High School - Ranger Stadium

**ADDRESS:** 

3100 NW College Dr. Fort Worth, TX 76179

**SPECTATORS:** 

\$15 Per Person Cash

GATES OPEN EACH DAY AT 6:30AM

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All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

### 2024 AGE CLASSIFICATIONS

Age group: 8 & under 2016 & after... 9 yr. Olds 2015... 10 yr. Olds 2014... 11yr. Olds 2013... 12 yr. Olds 2012... 13 yr. Olds 2011... 14 yr. Olds 2010... 15-16 - 2008-2009... 17-18- 2006-2007

OVERALL TOP 5 IN RUNNING, FIELD, & RELAYS AND TOP 3 MULTI EVENTS ADVANCE TO JR OLYMPICS, WOMEN AND MEN OPEN AND MASTER'S - NO ADVANCEMENT TF=TIME FINAL F=FINAL =COMBINED GROUPS.

The meet is on a rolling schedule for track & field events, and a timed schedule for multi-events. Athletes must check-in when events are called or risk disqualification. Gates will open at 6:30am on each day. We do not allow early tent set-up or athlete practice at the stadiumon the day before the meet starts. During competition days, everyone entering the stadium must have on appropriate credentials, this includes all field events... credentials are required. Please purchase your wristbands at the ticket booth before going the the field event area. Athletes can 'wear' their wristband on every day to attend as a spectator. Please note, when athletes put their wristband on, it should not be taken off until they are no longer competing in the meet, or attending the meet. If athlete bands become ragged, "wear it" to the ticket booth for a free replacement. However, if it is lost, removed from the arm, or taped on, a replacement set is \$20 for a new bib and band.

## MULTI-EVENTS DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

COMBINED EVENT SCHEDULE - Multi-events may start up to 30 minutes earlier or later than the designated time based onthefinal number of entries for the event. It is recommended that athletes check-in with the designated event official at least 45 minutes before the time listed for the event. Athletes not checked in at their venue when the event starts will be scratched from competition even if the event begins earlier or later than the time listed.

Day 1 - 8am June 26th Wed	DECATHLON BOYS 15 / 16	100M, LJ, SP, HJ, 400M	DECATHLON	DECATHLON	DECATHLON
Day 1 - 8:15am June 26th Wed	PENTATHLON GIRLS 13 - FINALS	100M HURDLES, SP, HJ, LJ,800M	BOY'S 17/18 DAY 1 - 8AM JUNE 26TH WED	100M, LJ, SP, HJ, 400M	
Day 1 - 8:30am June 26th Wed	PENTATHLON BOYS 13 - FINALS	100M HURDLES, SP, HJ, LJ, 1500M			
Day 1 - 10:30am June 26th	HEPTATHLON GIRLS 15 /16	100M HURDLES, HJ, SP, 200M			
Day 1 - 10:45am June 26th Wed	HEPTATHLON GIRLS 17 / 18	100M HURDLES, HJ, SP, 200M			
Day 1 - 11am	PENTATHLON	100M HURDLES,	Day 1 - 11:30am	PENTATHLON	100M HURDLES,
June 26th	GIRLS 14 - FINALS	SP, HJ, LJ, 800M	June 26th	BOYS 14 - FINALS	SP, HJ, LJ, 1500M
June 26th	GIRLS 14 - FINALS	SP, HJ, LJ, 800M	June 26th	BOYS 14 - FINALS	
June 26th  DAY 1 - 1PM **** JUNE 26TH WED	GIRLS 14 - FINALS TRACK & FIELD	SP, HJ, LJ, 800M  POLE VAULT- GIRLS	June 26th  13G, 14G, 15 / 16G, 17 / 18G - FINALS	BOYS 14 - FINALS  **** IS AN UPDATE	
DAY 1 - 1PM ****		POLE VAULT-	13G, 14G, 15 / 16G, 17 / 18G -	**** IS AN	
DAY 1 - 1PM **** JUNE 26TH WED DAY 1 - 12 NOON	TRACK & FIELD	POLE VAULT-GIRLS	13G, 14G, 15 / 16G, 17 / 18G - FINALS 9G, 9B, 10G, 10B	**** IS AN	
DAY 1 - 1PM **** JUNE 26TH WED  DAY 1 - 12 NOON JUNE 26TH WED	TRACK & FIELD TRACK & FIELD	POLE VAULT-GIRLS  1500M RACEWALK  1500M RACE-	13G, 14G, 15 / 16G, 17 / 18G - FINALS 9G, 9B, 10G, 10B TF	**** IS AN	

DAY 1	TRACK & FIELD	LONG JUMP PIT 1	8&UNDER G, 9G, 10G, 11G, 12G	LONG JUMP PIT 2	8 & UNDER B, 9B, 10B, 11B, 12B
DAY 2 - 8AM JUNE 27TH THUR	TRACK & FIELD	SHOT PUT RING 1 GIRLS	17/18G, 15/16G, 14G, 13G, 12G, 11G, 10G, 9G, 8 & UNDER G	SHOT PUT RING 2 BOYS	17/18B, 15/16B, 14B, 13B, 12B, 11B, 10B, 9B, 8 & UNDER B
DAY 2 - 8AM JUNE 27TH THUR	TRACK & FIELD	LONG JUMP PIT 1 GIRLS	13G, 14G, 15/16G, 17/18G, 19, O, WM	LONG JUMP PIT 2 BOYS	13B, 14B, 15/16B, 17/18B, 19, O, MM
DAY 2 - 8AM JUNE 27TH THUR	TRACK & FIELD	JAVELIN (this is not turbo)	ALL ELIGIBLE AGE DIVISIONS		
DAY 2 - 8AM JUNE 27TH	TRACK & FIELD	HIGH JUMP GIRLS	ALL ELIGIBLE AGE DIVISIONS	HIGH JUMP BOYS	ALL ELIGIBLE AGE DIVISIONS
DAY 2 - 8am JUNE 27th Thur	HEPTATHLON 15/16 GIRLS	LJ, JAVELIN, 800M	Starts after 15/16G	HEPTATHLON 17/18 GIRLS	LJ, JAVELIN, 800M
DAY 2 - 8am JUNE 27th Thur	PENTATHLON 11G, 12G - FINALS	80M HURDLES, SP, HJ, LJ, 800M - Final	DAY 2 - 8:15am JUNE 27th Thur	PENTATHLON 11B, 12B - FINALS	80M HURDLES, SP, HJ, LJ, 1500M- Final
DAY 2 - 8am JUNE 27th Thur	TRIATHLON 9B, 10B - FINALS	HJ, SP, 400M - Final			
DAY 2 - 8:30am JUNE 27th Thur	DECATHLON 15/16 BOYS	110 HURDLES, DISCUS, PV, JAV, 1500M	Starts after 15/16B	DECATHLON 17/18 BOYS	110 HURDLES, DISCUS, PV, JAV, 1500M
DAY 2 - 9:30am JUNE 27th Thur	TRIATHLON 9G, 10G - FINALS	HJ, SP, 200M-Final			

# **HEIGHTS & WEIGHTS**

110HH	15/16B	17/18B	39"
100MH	15/16G	17/18G	33"
100MH	13/14B		33"
100MH	13/14G		30"
80MH	11/12G		30"
80MH	11/12B		30"
SHOT PUT	9/10G	9/10B	6 LBS
SHOT PUT	11/12G	11/12B	6 LBS
SHOT PUT	13/14G	13/14B	6 LBS=GIRLS 4KG=BOYS
SHOT PUT	15/16G 17/18G	4KG	
SHOT PUT	15/16B 17/18B	12 LBS	

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TRACK & FIELD	TRACK & FIELD	TRACK & FIELD	TRACK & FIELD	TRACK & FIELD	TRACK & FIELD
DAY 3 - 8AM JUNE 28TH FRI	TRIPLE JUMP PIT 1	13G, 14G, 15/16G, 17/18G		TRIPLE JUMP PIT 2	13B, 14B, 15/16B 17/18B
DAY 3 - 8AM JUNE 28TH FRI	DISCUS CAGE 1	11G, 12G, 13G, 14G, 15/16G, 17/18G		DISCUS CAGE 2	11B, 12B, 13B, 14B, 15/16B, 17/18B
DAY 3 - 8AM JUNE 28TH FRI	TURBO JAVELIN	ALL ELIGIBLE AGE DIVISIONS			
DAY 3 - 9AM ****	TRACK & FIELD	POLE VAULT- BOYS	13B, 14B, 15/16B, 17/18B - FINALS	**** IS AN UPDATE	
DAY 3 - 8AM JUNE 28TH FRI	STEPPLECHASE 2000M	15/16G, 17/18G - TF 15/16B, 17/18B - TF			
	800M	ALL DIVISIONS	STARTING WITH 8 & UNDER G & B	THRU 17/18 G&B	
	80M HURDLES	11G, 12G, 11B, 12B	30" TF		
	200M HURDLES	13G, 14G, 13B, 14B	30" TF		
	200M PRELIMS	8 & UNDER G, 9G, 10G, 11G, 12G	8 & UNDER B, 9B, 10B, 11B, 12B		
DAY 4 - 8AM JUNE 29TH SAT	1500M - TF	ALL ELIGIBLE DIVISIONS	STARTING WITH 8 & UNDER G & B		
	100HH - TF	13G, 14G, 15/16G, 17/18G	13B, 14B		
	110HH - TF	15/16B, 17/18B			
	100M PRELIMS	STARTING WITH 8 & UNDER G & B	TOP 8 ADVANCE TO FINALS		
	400M DASH - TF	8 & UNDER G, 9G, 10G, 11G, 12G		400M DASH - TF	8 & UNDER B, 9B, 10B, 11B, 12B
	200M PRELIMS	13G, 14G, 15/16G, 17/18G - SEMI F	TOP 8 ADVANCE TO FINALS	200M PRELIMS	13B, 14B, 15/16B, 17/18B SEMI F
DAY 5 - 8AM JUNE 30TH SUN	3000M RUN	ALL DIVISIONS	STARTING WITH 9G & 9B THRU 17/18 G & B - TF		
	4X100M RELAY	ALL DIVISIONS	STARTING WITH 8 & UNDER G & B THRU 17/18 G & B	TF	
	400M DASH	13G, 14G, 15/16G, 17/18G TF	13B, 14B, 15/16B, 17/18B TF		
	100M DASH FINALS	ALL DIVISIONS	STARTING WITH 8 & UNDER G & B	THRU 17/18 G & B	F
	400MH TF	15/16G, 17/18G	15/16B, 17/18B		TF
	200M DASH FINALS	ALL DIVISIONS	STARTING WITH 8 & UNDER G & B	THRU 17/18 G & B	F
	4 X 400M RELAY	ALL DIVISIONS	STARTING WITH	9/10 G&B	THRU 17/18 G&B TF