



2023 CT AAU GYMNASTICS DISTRICT CHAMPIONSHIP



Hosted By: Bristol Future Champions Gymnastics

LOCATION: Boys & Girls Club of Bristol 255 West St, Bristol CT 06010

WHEN & TIMES: Saturday May 20th- Sunday May 21st (rotations and times TBA by May 1st)

Divisions: XB, XS, XG, XP, XD, Open, (all gymnasts must have competed in a minimum of 3 AAU meets by May 7th and have a valid 2023 AAU membership.

GIFT: TBA

FINAL ROSTER: March 29th, 2023 (no exceptions) please send tentative roster by March 3rd, you will have until March 29th to scratch athletes. *gymnasts must compete in the session they are assigned.

COST AND PAYMENT DUE DATE: \$70.00 PER GYMNAST DUE BY 3/29/23 (checks payable to Bristol FCG mail to 390 West St Bristol, CT 06010) Fee is NON-REFUNDABLE

ADMISSION: \$10.00 adults, 12yrs and under \$5.00, 3yrs and under Free

TEAM FEE: \$25.00 PER LEVEL (3 athletes to make a team XB, XS, XG, XP, *XD are allowed 2 athletes to make a team. (placing top half teams, minimum of 2 teams per level to qualify for a team award)

AWARDS:

- TOP HALF + ONE MEDALS ON INDIVIDUAL EVENTS
- ALL AROUND AWARDED 100%, TOP HALF TROPHIES BOTTOM HALF MEDALS

HIGH SCHOOL SENIORS: Please let me know if you have any seniors so we can leave time to recognize them in their session. Coaches will provide gifts for their senior.

Coaches & Judges Meals + Gifts: Meals will be served, please bring the appropriate amount of coaches to each session. Two coach's gifts per team will be given, if you have more than 2 coaches please email me in advance.

COVID Precautions:

- Frequent hand sanitizing/washing and gym disinfecting will be enforced during and between sessions
- We ask that anyone experiencing Covid type symptoms stay home

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership