

Pacific AAU
Football - Flag, 7v7
Cap City 7v7 Tournaments
January 21 July - 31, 2023
Hosted by Cap City Cougars
Cap City Cougars, Rancho Cordova, CA

AGE GROUPS: Senior (Grades 7 - 12)
ENTRY FEE: \$650.00
ENTRY FEE PAYABLE TO: Cap City Cougars
ENTRY DEADLINE: January 20, 2023

FOR MORE INFORMATION:
Michael Ryan Lorente
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This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.