

COLUMBUS, OHIO

THE ARNOLD IS BACK!

ARNOLD SPORTS FESTIVAL



**BE PART OF THE STRONGEST SPORTS EVENT IN THE WORLD!
GYMNASTICS RETURNS TO THE 2024 ARNOLD SPORTS FESTIVAL...**

WOMEN'S GYMNASTICS INFO

DATE:
March, 2nd- 3rd 2024

WHO:
Amateur Athletic Union (AAU)

MEET FEE'S:
\$95 / Athlete
\$50 / Team fee

REGISTRATION:
Send roster in an Excel spreadsheet to:
competitions@integritygym.com

DEADLINES:
Entry/Refund Deadline:
December 1st, 2023

EQUIPMENT:
Provided by AAU

AWARDS:
30% Event
100% All-Around

COMPETITION FORMAT
Modified Capital Cup

VENUE:
OHIO EXPO CENTER: Celeste Center
717 E 17th Ave, Columbus, OH 43211



OTHER DETAILS



- ▶ Admissions: Determined by the Arnold SportsFest
- ▶ Athlete credentials & general admission grant you access to the entire sportsfest
- ▶ Events include: Strongman, Bodybuilding, Strength Sports, Combat Sports, Dance, Cheer, Ninja, Martial Arts, & so much more...

▶ **Send Payment to: Integrity Athletics - AAU**
8185 Business Way Plain City, OH 43064
Payable to: Integrity Athletics

For the most up-to-date information, please visit website:
www.integritygym.com/competitions/
or email: competitions@integritygym.com

Scan QR Code for More Info

- ▶ This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- ▶ All participants must have a current AAU membership.
- ▶ AAU membership may not be included as part of the entry fee to the event.
- ▶ AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- ▶ Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
- ▶ Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- ▶ Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.