



SEAAU District Qualifier Track and Field Championships (Memphis) *Master*

Saturday, June 22, 2024
Arlington, TN. 38002

LOCATION: Arlington High Schools,
5475 Airline Road,
Arlington, TN 38002.

HOST: Blues City Runners'

AGE GROUPS: 8 & Under through age 18 (*athletes born in 2006 must turn 19 after 08/03/2024*)

Added Age Groups: AAU Master Divisions, will not participate in all events also these age groups does not score points with team awards nor qualify for Regional 6 Qualifier.

ENTRY DEADLINE: June 20, 2024 @ 11:59 p.m. CST at www.coacho.com

Entry Fee: \$25.00 Per Athlete.

AWARDS: Medals for 1st thru 3rd place each YOUTH event. Team Trophies Awards to the Top 3 scoring teams!!

Qualifiers: The top sixteen (16) finishers in each individual and relay event shall advance from SEAAU District Qualifier to the AAU Regional 6 National Qualifier. June 26 thru 29, 2023 at Hardin Valley Academy, Knoxville, TN. 37923 www.coacho.com

TIME: Rolling Track Schedule beginning at 8am. All running events are Time Finals.

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership is not included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 3-10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

**Arlington High Schools,
5475 Airline Road,
Arlington, TN 38002.**

SATURDAY, JUNE 22, 2024
Bcrtc1@gmail.com

6:30 – 9:30 Packet Pickup

RUNNING EVENTS ARE TIME FINALS \ THIS IS A ROLLING Track SCHEDULE

8:00 3000m Run (11-18 year old Males /Females)

8:15 Coaches Meeting

8:45 80m Hurdles (11-12 year old Males /Females -30")

9:10 100m Hurdles (13-14 year old Females -30", 13-14 yr old Males -33", 15-18 year old Females -33")

9:30 110m Hurdles (15-18 year old Males-39")

9:45 4x100m Relay (8 and under-18 year old Males /Females)

10:15 1500m Run (ALL DIVISIONS Males /Females)

11:00 100m Dash (ALL DIVISIONS Males /Females)

12:15 4x800m Relay (8 and under-18 year old Males /Females)

11:00 400m Dash (ALL DIVISIONS Males /Females)

2:00 200m Hurdles (13-14 year old Males /Females -30")

2:15 400m Hurdles (15-18 year old Females -30", 15-18 year old Males -36")

2:45 1500-3000m Race-Walk (11-18 year old Males /Females)

3:30 800m Run (ALL DIVISIONS Males /Females)

4:00 200m Dash (ALL DIVISIONS Males /Females)

5:00 4X400m Relay (8 and under-18 year old Males /Females)

FIELD EVENTS

8:00 First call for 8:15 a.m. scheduled field events

8:15 Shot Put (ALL DIVISIONS Males)

8:15 Discus (11 thru MASTERS Females)

8:15 High Jump (9 thru 18 Years old Male)

8:15 Long Jump (ALL DIVISIONS Females)

9:30 Shot Put (ALL DIVISIONS Females)

9:30 Discus (11 thru MASTERS Males)

9:30 High Jump (9 thru 18 Years old Female)

10:30 Long Jump (ALL DIVISIONS Males)

11:30 Turbo Javelin (12 Years and under Males /Females)

12:15 Triple Jump (13 thru 18 years old Females)

2:15 Triple Jump (13 thru 18 Years old Males)

Please purchase Spectator Ticket online...

AAU Regional 6 National Qualifier. June 26 thru 29, 2023 at Hardin Valley Academy, Knoxville, TN. 37923 www.coacho.com

Please purchase Spectator Ticket online...

Other Rules:

AAU Rules are enforced...

The top sixteen (16) finishers, in each individual and/or relay event shall advance, in those event, from the District Qualifier, to the Regional 6 National Qualifier Meet.

The following events will be passed automatically through to the Regional 6 National Qualifier Meet: Steeplechase, Pole Vault, and Javelin.

Packet Pickup: for Teams and Unattached Athletes will start at 6:30am,

Pick up Location: Before Main Entry.

No Athletes or Coaches can enter meet without wristband on wrist

Athletes must bring their own implements for Turbo Javelin, Shot Put, and Discus.

Teams must supply their own starting blocks and batons for relays.

Coaches must have a wristband on wrist and a copy of your AAU Coaching Card to enter stadium.

Athletes must have wrist band ON to enter stadium also athletes must have on a bib number and wristband to enter check-in at clerk of course.

Caution: Coaches and Parents **please keep all of our kids and athletes from playing, on and under the Bleaches and ETC.**

Please, keep all your Trash and Paper picked up in your area, Please. Extra Trash Bags will be provided in Concessions.

No Taunting of Coaches, Officials or Athletes, Please respect everyone.

No Standing at fence doing lane races. Stand back 2 feet from fence doing those events.

No one but Meet Officials' and Athletes are to be in Clerk of Course Area and on inner field.

Don't Block Track entries with tents or chairs.

In the event the meet is delayed due to lightning, the Meet Director will make an updated announcement every 20 minutes until the meet is resumed.

Tents, and Large (Patio) Umbrellas' in stands on **top 5 rows only** and not in front of Press Box at all.

Anyone seen without the right wristband on wrist, will be asked to leave track meet immediately.

Please purchase Spectator Ticket online...

It's going to be a long hot and stressful day on everyone but as before we can get through it...

Meet Director Coach Rickey Tate

Register for this Track Meet at www.coacho.com

FOR MORE MEET INFORMATION CONTACT:

Meet Director Rickey Tate / 901-743-0048 / bcrtc1@gmail.com

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the day of competition begins,

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- **Note: any contacts listed within this flyer MUST have a current AAU Membership.**