



**Capped  
at 500**

# SLEEPING GIANT AAU WESTERN MONTANA INVITATIONAL

**February 25th, 2024**

**Jim Darcy ES Gym  
900 Lincoln RD W**

Tournament open to Western Montana AAU  
Registered clubs.

**Times:** (Tournament may be split into sessions dependent on numbers. Final times to be posted on the Helena Wrestling Club Facebook page on Friday February 23rd.)

- Doors open at 7:00am
- Coach/Club Rep declare scratches by 7:45am
- Coaches meeting at 8:00am
- Wrestling Starts at 8:30am

**Registration Link:**

<https://www.trackwrestling.com/>

**Entry deadline:** February 22 at 10:00 pm

**Entry Fee:** \$10 per wrestler though trackwrestling

**Admission Fee:** \$7 Adults, \$5 Students, 5 and under free. Coaches with current AAU cards free.

**Weigh-in:** 6pm—8pm, Thursday Feb. 22. Honor system. Please email actual weights to [helltownthrowdown@gmail.com](mailto:helltownthrowdown@gmail.com)

**Groups:** Current Montana AAU Ages and Weights

**Awards:** Medals 1st-4th

**Concessions:** Concessions available during the tournament. No coolers, please.

**Each team is required to bring 2 table worker and 1 referee.**

**For more information, contact Tournament Director:**

Valerie Hoy (406) 334-4250  
[helltownthrowdown@gmail.com](mailto:helltownthrowdown@gmail.com)

This event is  
licensed by the Amateur  
Athletic Union of the U.S., Inc.

All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.