



NHAGTC PRESENTS: WILLIAM COACH T THOMPSON INVITE

THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF
THE U.S., INC.

- ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP.
- AAU MEMBERSHIP MAY NOT BE INCLUDED AS PART OF THE ENTRY FEE TO THE EVENT.
- AAU YOUTH ATHLETE MEMBERSHIP MUST BE OBTAINED BEFORE THE COMPETITION BEGINS.



01/22/2023

FLOYD LITTLE ATHLETIC
CENTER
480 SHERMAN AVENUE
NEW HAVEN, CT 06511

9:30 AM

FIELD EVENTS: 9:30
TRACK EVENTS: 10:00

THE COST OF THE MEET IS \$10/ATHLETE AND \$15/RELAY. ATHLETES CAN COMPETE
IN 3 EVENTS.

*THERE WILL BE NO MEET ENTRY CHANGES ON THE DAY OF THE MEET.

REGISTER AT WWW.ATHLETIC.NET

PACKET PICK UP – 10:30 AM
MEET BEGINS AT 11:30 AM

MEET DIRECTOR: SHAUNTAYE WILLIAMS-MONROE
SANCTION – AAU

Double Age Divisions - (based on year of Birth): 5-6 (2015-2016), 7-8(2016-2017), 9-10 (2012-2013), 11-12 (2010- 2011), 13-14 (2008-2009), 15-16 (2006-2000)

Entry Fee: \$10 per athlete - \$15 per relay

Entry Limit: 3 events per athlete, including relay (13 yrs. and older are allowed to enter 4 events)

Order of Events

Races will run in order, with no specific start times after the first event.
Order is girls then boys. Age groups and boys/ girls may be combined.

11:00 am Field Events

Long Jump - All - no finals (3 Jumps)

Shot Put - All - no finals (3 Throws)

High Jump – Age 7 and 1 - no finals

10:30 am Track Events

3000 Meters – Age 11 and up

55 HH-11-12 and 13-14G(30in),13-14B,5-16G(33in)15 16B(39in)

800 meters (All)

55m Dash (All)

400m (All)

1500m Meters (9-16 years)

200m (All)

4x200m (All)

Awards: 1st-3rd place - Medals.