



California Diving Academy Fall Meet ~ Invitational Saturday, October 15th, 2022

Meet Director: Eric Holzheimer
925-586-0169 Mobile
Email: FallInvite22@CALdiving.org

Location: Dougherty Valley High School Pool
Address: 10550 Albion Road, San Ramon, CA 94582

Date: Saturday, October 15th, 2022
Times: Gates open/Open Warmup 7am
Fees: \$40/ea (1m/3m), Synchro (\$10/team/DiveMeets (\$20/team on-deck), Target (\$5/diver on-deck)

SPECIAL NOTE ~ we are aware of the PSAT on October 15th (from 8am-Noon) and have scheduled all 14-18 year old diving events to begin after 1pm

Registration: Main registration via DiveMeets.com ONLY (8063). Full AAU license details below.
LINK ~ <https://secure.meetcontrol.com/divemeets/system/meetinfoext.php?meetnum=8063>
(THE AAU LICENSE AND DIVE-PER-GROUP DETAILS ARE BELOW).

Deadline for regular online registration: <Midnight (PST), Sunday, October 9th, 2022

LATE FEE \$50/diver (includes 1m & 3m) ~ and goes into effect starting at 00:01am, Monday, October 10th, and continues until 2pm (PST), Thursday, October 13th, 2022

*** * On-deck entries ONLY for Synchro, Target, and Biggest Splash events * ***

Facility:

- TWO ~ 1 Meter Duraflex Model "B" on Durafirm stands (in great shape)
- TWO ~ 3 Meter (2) Duraflex Model "B" on Durafirm stands (in great shape)
- Pool 13 ft. deep with good lighting for night diving (if necessary)
- Locker room and showers are at the end of the pool opposite the boards
- No on-deck hot tubs, pool temperature 80 degrees
- Surface diffusers on 3m-only
- Sunrise ~ 7:16am // Sunset 6:30pm

Dive Rules: Event groups (AAU Novice, Age Groups (A+ABCDE), Seniors, and Masters) will follow AAU event Rules for that group and age as listed on DiveMeets.. The Synchro event will perform 3-dives and are open to same- or mixed (boy/girl) teams. Masters will follow the Silver (5-dives) and Gold (8-dives) protocol. Target dives...two per diver.

Changes: Dive changes ONLY online AND until 2pm (PST), Thursday, October 13th, 2022.

Awards: Medals for 1st - 3rd place; Ribbons for 4th - 12th place

SYNCHRO ~ There will only be one Synchro event. It will consist of 3 dives per group from 3 different dive-groups. Groups may be mixed; but, no mixed boards. DD will be calculated.

TARGET ~ Each diver selects 2 different dives (or mix of 1m/3m with the same dive) then perform that dive. The object is to successfully complete the dive AND dive through the hoop (for it to count). Each dive group has fixed points multiplied by the dive's DD (different for Novice vs. JO ~ see chart).

BIGGEST SPLASH ~ Each diver will have 2 attempts to create the biggest splash possible (1m or 3m)

Food: On-site food and/or refreshments WILL NOT be available from vendors; some food will be available on the deck for donations-only.
Breakfast and Lunch will be provided for coaches

Team Tents: There is plenty of room on the pool deck for team tents

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LIST OF EVENTS (current ***order of events** is initially posted on Divemeets.com)

SPECIAL NOTE ~ we are aware of the PSAT on October 15th (from 8am-Noon)
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BOARD	GENDER	DIVING GROUPS	# DIVES	BOARD	GENDER	DIVING GROUPS	# DIVES
1	Boys	07 and Under Boys 1m Novice	3	3	Boys	07 and Under Boys 3m Novice	3
1	Boys	08-09 Boys 1m Novice	4	3	Boys	08-09 Boys 3m Novice	4
1	Boys	10-11 Boys 1m Novice	5	3	Boys	10-11 Boys 3m Novice	5
1	Boys	12-13 Boys 1m Novice	6	3	Boys	12-13 Boys 3m Novice	6
1	Boys	14-15 Boys 1m Novice	6	3	Boys	14-15 Boys 3m Novice	6
1	Boys	16-18 Boys 1m Novice	7	3	Boys	16-18 Boys 3m Novice	7
1	Boys	Group A Boys 1m (16-18)	10	3	Boys	Group A Boys 3m (16-18)	10
1	Boys	Group B Boys 1m (14-15)	9	3	Boys	Group B Boys 3m (14-15)	9
1	Boys	Group C Boys 1m (12-13)	8	3	Boys	Group C Boys 3m (12-13)	8
1	Boys	Group D Boys 1m (11 and Under)	5	3	Boys	Group D Boys 3m (11 and Under)	5
1	Boys	Group E Boys 1m (9 and Under)	4	3	Boys	Group E Boys 3m (9 and Under)	4
1	Girls	07 and Under Girls 1m Novice	3	3	Girls	07 and Under Girls 3m Novice	3
1	Girls	08-09 Girls 1m Novice	4	3	Girls	08-09 Girls 3m Novice	4
1	Girls	10-11 Girls 1m Novice	5	3	Girls	10-11 Girls 3m Novice	5
1	Girls	12-13 Girls 1m Novice	6	3	Girls	12-13 Girls 3m Novice	6
1	Girls	14-15 Girls 1m Novice	6	3	Girls	14-15 Girls 3m Novice	6
1	Girls	16-18 Girls 1m Novice	7	3	Girls	16-18 Girls 3m Novice	7
1	Girls	Group A Girls 1m (16-18)	9	3	Girls	Group A Girls 3m (16-18)	9
1	Girls	Group B Girls 1m (14-15)	8	3	Girls	Group B Girls 3m (14-15)	8
1	Girls	Group C Girls 1m (12-13)	7	3	Girls	Group C Girls 3m (12-13)	7
1	Girls	Group D Girls 1m (11 and Under)	5	3	Girls	Group D Girls 3m (11 and Under)	5
1	Girls	Group E Girls 1m (9 and Under)	4	3	Girls	Group E Girls 3m (9 and Under)	4
1	Men	Group A+ Men 1m (19+)	10	3	Men	Group A+ Men 3m (19+)	10
1	Men	Masters Gold Men 1m Springboard	8	3	Men	Masters Gold Men 3m Springboard	8
1	Men	Masters Silver Men 1m Springboard	6	3	Men	Masters Silver Men 3m Springboard	6
1	Men	Senior Men 1m Springboard	6	3	Men	Senior Men 3m Springboard	6
1	Women	Group A+ Women 1m (19+)	9	3	Women	Group A+ Women 3m (19+)	9
1	Women	Masters Gold Women 1m Springboard	8	3	Women	Masters Gold Women 3m Springboard	8
1	Women	Masters Silver Women 1m Springboard	5	3	Women	Masters Silver Women 3m Springboard	5
1	Women	Senior Women 1m Springboard	5	3	Women	Senior Women 3m Springboard	5

***NOTE: the final order of events (initially posted on DiveMeets), is dependent on number of and types of entries. A final timeline will be distributed via email on Thursday evening, 13oct22.**

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TARGET DIVING DEGREE OF DIFFICULTY (DD) MULTIPLIER TABLE

California Diving Academy ~ Target Diving Rules & Multipliers									
1m	NOVICE DIVERS (Boys & Girls)				1m	AGE GROUP/JO DIVERS			
Skill/Dive	<11	12-13	14-15	16-18	Skill/Dive	<11	12-13	14-15	16-18
Jump	1.00	0.80	0.60	0.40	Jump	0.00	0.00	0.00	0.00
Dive	2.00	1.60	1.20	0.80	Dive	1.60	1.28	0.96	0.64
1ss	3.00	2.40	1.80	1.20	1ss	2.40	1.92	1.44	0.96
1.5ss	4.00	3.20	2.40	1.60	1.5ss	3.20	2.56	1.92	1.28
2ss	5.00	4.00	3.00	2.00	2ss	4.00	3.20	2.40	1.60
2.5ss	6.00	4.80	3.60	2.40	2.5ss	4.80	3.84	2.88	1.92
3ss	8.00	6.40	4.80	3.20	3ss	6.40	5.12	3.84	2.56
3.5ss	10.00	8.00	6.00	4.00	3.5ss	8.00	6.40	4.80	3.20
1/2tw	1.00	0.80	0.60	0.40	1/2tw	0.80	0.64	0.48	0.32
1tw	2.00	1.60	1.20	0.80	1tw	1.60	1.28	0.96	0.64
1.5tw	3.00	2.40	1.80	1.20	1.5tw	2.40	1.92	1.44	0.96
2tw	4.00	3.20	2.40	1.60	2tw	3.20	2.56	1.92	1.28
2.5tw	5.00	4.00	3.00	2.00	2.5tw	4.00	3.20	2.40	1.60
3tw	8.00	6.40	4.80	3.20	3tw	6.40	5.12	3.84	2.56
3.5tw	10.00	8.00	6.00	4.00	3.5tw	8.00	6.40	4.80	3.20
BONUS POINTS & MULTIPLIERS					BONUS POINTS & MULTIPLIERS				
2xx / 52xx	3.00	2.40	1.80	1.20	2xx / 52xx	3.00	2.40	1.80	1.20
3xx / 53xx	3.00	2.40	1.80	1.20	3xx / 53xx	3.00	2.40	1.80	1.20
4xx / 54xx	3.00	2.40	1.80	1.20	4xx / 54xx	3.00	2.40	1.80	1.20
NOTES	1) All dives/skills will be multiplied by their DD								
	2) 3m is simply 2x the 1m multiplier								

AAU EVENT LICENSE DETAILS

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership
- AAU membership IS NOT included as part of the entry fee to the event
- AAU membership must be obtained before the competition begins
- Visit the AAU web site www.ausports.org to obtain membership

Presented by
California Diving Academy
 510-859-3149
www.CALdiving.org