



2023 AAU DISTRICT GYMNASTICS CHAMPIONSHIPS APRIL 29th & 30th 2023

Event Location: Onalaska Omni Center 225 Riders Club Road, Onalaska, WI 54650

Meet Director: LeaAnn Johnson WI AAU Gymnastics Director
aauwigymnastics@gmail.com

Entry Fee: \$95 per Athlete (**due by Midnight March 4th, 2023**).
\$10 Late Fee added **if room allows** (**applied March 6th – April 29th 2023**).
\$10 Level Change & Correction Fee for any changes made to a gymnast at any time of registration. ALL fees will be paid at time of registration.
**** Team Fee: \$50 per team of 3 per level or more. ****
**** The per gymnast & Team INSIGHT user/registration fee is included as part of entry fee.**

Merchant Fees: -- *These are the rates passed along to the end registrant*
Applied Per Credit Card Transaction: 3.900%
Applied Per ACH Transaction: 1.500%
-- ACH is a \$1.20 per/Invoice
-- Credit Card cost averages about 5% per Invoice -- Credit Card percentage includes card brand/point fees

Online registration through **INSIGHT powered by ScoreFlippers**.
*** Please go to <https://insight.scoreflippers.com> (MEET GENIE Link)

www.Scoreflippers.com/MeetGenie/GenieMeetDetails?MeetID=55

Registration will be open February 1st – March 4th 2023

All coaches on the competition floor must be registered AAU Non-Athlete

Members

AND MUST ALSO REGISTER on [Insight.scoreflippers.com](https://insight.scoreflippers.com) Gymnasts and coaches must have their AAU membership prior to registering. Registration cannot be completed without a 2022-2023 AAU Membership.

*AAU membership is not included as part of the meet entry fee.

****Please list your Club as you wish to have it presented/announced in the program, meet memorabilia, shirts, awards, etc. No abbreviations or shorthand. Thank you!**

Schedules: Schedules will be available no later than April 3rd, 2023. Schedules will be sent to all registered clubs along with being posted on the INSIGHT link.

Refunds: No refunds unless canceled for pandemic reasons. If canceled for pandemic reasons refunds will be sent minus expenses already incurred such as administrative. (example: INSIGHT/ License fee, any items already purchased).
****Injury & Illness refunds must be received prior to the meet via email to aauwigymnastics@gmail.com with Doctor notes to receive partial refunds as listed above.**

Judges: All Levels will be judged by NAWGJ Certified judges.

- AAU Levels:** Level 1 – Open Optional, & All Xcel (Bronze, Silver, Gold, Platinum, & Diamond)
All Levels are open for Ladies Divisions of age 19 and older.
- Age Groups:** Age Divisions will be determined by # of entries in each level, not by a specific age spread. Gymnasts must be 4 yrs of age by the date of competition.
- Males:** If a male gymnast wishes to compete at the state meet, they may do so but will not compete against any females in any divisions and their scores will not be eligible for any team scores. They will receive the same awards per all rules.
- Rules:** AAU National Rules – No District Modifications.
For more information on National Rules, visit www.aaugymnastics.org
- Hotel reservations:** Special room blocks and pricing will be coming shortly.
- Equipment:** Spieth Anderson
- Awards:** 100% All-Around Awards are given in each level and age division.
****Individual event awards are awarded to the top 50% + 1 within each age division.****
*All District State Award – Given to the highest All-Around score per level.
Team Awards for each registered team on their placing.

ALL GYMNASTS & COACHES ON COMPETITIVE FLOOR MUST BE AAU REGISTERED This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. **BE PREPARED!** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website: www.aausports.org to obtain their membership.

Judging Rules: This is not a USAG meet. AAU only follows USAG routine rules for guidelines. AAU follows USAG routines **with some changes**. Please see the AAU website for handbook rules at www.aausports.org. Go to publications for the gymnastics handbook. Please see that some routines are different than that of USAG. Wisconsin Does NOT change any routines from the AAU National rules allowed.

Advancing to Regionals & Nationals: Info for both can be found on the National AAU Website
* Midwest Regionals June 9-11th 2023 New Century Fieldhouse, 551 New Century Pkwy New Century KS 66031
* National June 29-July 3, 2023 Orlando FL Orlando World Marriott Center

****Meet Protocol**** We will be following the guidelines of the CDC and La Crosse County Health authorities and the most up to date measures will be taken for a safe environment for all who attend.

*Do Not attend if you are experiencing signs of Covid-19.

Hotel Link to block Rooms: Link to hotel info: <https://explorelacrosse.sendsites.net/L/Rate-Sheet/F/1499850144/P/AauGymnastics29oq>

