

Runnin on Faith Track Club Invitational

May 21, 2022



LOCATION: Lugoff-Elgin High School
1284 US-1
Lugoff, SC 29078

LICENSED BY: Amateur Athletic Union (AAU)

HOST: Jimmie Talley, 864-313-4552 ph, jimmie_talley@yahoo.com

ENTRY DEADLINE: Online www.coacho.com by May 19th,2022

FEE: \$20 per athlete; \$7 per spectator

ELIGIBILITY: This event is open to any athlete aged 6-18. Each athlete may enter in up to a max of 4 events including relays.

TIME: On meet day, stadium gates open at 7:15am. Coaches meeting at 7:45am.

AWARDS: Individual and relay medals will be presented for participants who finish 1st-3rd.

ORDER OF EVENTS

Running Events Start at 8:00am	Field Events Start at 8:15
3000m run	Shot Put
80m hurdles	Discuss
100m hurdles	Javelin
110m hurdles	High Jump
400m dash	Long Jump
50m dash	Turbo Javelin
4X100 relay	Aero Javelin
1500m race walk	
100m dash	
800m run	
200m hurdles	
400m hurdles	*Competitors should bring their own implements to be used at Meet.
200m dash	
1500m run	
4X400 relay	

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.