

Southern AAU
Track and Field
Speed Capital Central Showcase
May 13 - 14, 2023
Hosted by Lightning Stars Track Club
Lightning Stars Track Club, Denham Springs, LA

AGE GROUPS: 8 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$25.00

ENTRY FEE PAYABLE TO: Speed Capital Track Commission

ENTRY DEADLINE: May 11, 2023

SIGN UP AT: https://coachoregistration.com/dbi-bin/meetinfopage.pl?Web_Site_Id=fl_sctc&Meet_Id=specap

AWARDS: Medals: Top 3 places
Team MVP Trophy

RULES: aau sanctioned

FOR MORE INFORMATION:

Wallace Hudson
wallacehud2@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.