

Event	DAARTTS-HAWAII 2018 AAU Pacific Championships: International Weightlifting, National Bench, Push-Pull and Super Total
Records	Hawaii, American and World records can be set for Weightlifting Hawaii and American records can be set for powerlifting
Date	July 14, 2018
Location	Kilauea District Park, 4109 Kilauea Ave, 96815, Honolulu, HI 96815
Director	Donald Crowder Cell: (808)599-0510 Email: Donny@daartts-hawaii.org
Club	DAARTTS-HAWAII
Testing	Any athlete entered may be subjected to drug testing per the AAU Policies and procedures.
Eligibility	Must be a current member of the AAU. (Note: CARD YEAR IS SEPT 1-AUG 31 !!!!!!!!!!!)
License	This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership card \$24 adult \$14 youth AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
Fees	\$25 for first division entered in powerlifting or weightlifting. \$40 for BOTH \$50 for super total \$15 crossover, for each additional class
Costume	SINGLET REQUIRED FOR POWERLIFTING, PREFERRED FOR WEIGHTLIFTING
Awards	Medals will be awarded for 1 st , 2 nd and 3 rd places in each division and weight class. Best lifter awards in many divisions. 6 for 6, 12 for 12 and 15 for 15 dog tags will be awarded for zero misses.
Divisions	WEIGHTLIFTING AND POWERLIFTING Youth (6-7,8-9,10-11,12-13) Teen (14-15,16-17,18-19) Junior (20-23) Senior (24-34) Sub-Masters (35-39) Masters (40-44,45-49 etc. increments of 5 years) Lifetime Masters Law/Fire (active, retired) Military (active, retired, reserves) <u>POWERLIFTING WEIGHT CLASSES in POUNDS</u> Women: 97,105 114,123,132,148,165,181,198,198 220, 220+ add Youth classes 66, 77, 88 Men: 114,123,132,148,165,181,198, 220 ,242, 275,308, 308+ add Youth classes 66, 77, 88, 97, 105 <u>WEIGHTLIFTING WEIGHT CLASSES in KILOS</u> Women: 48, 53, 58, 63, 69, 75, 82,82+ kg Youth Ages 6 - 7, 8 - 9, 10 - 11 (31,35,39,44,48,53,58,58+ kg) Youth Ages 12 - 13 (35,39,44,48,53,58,63, 63+ kg) Teen Ages 14 - 15, 16 - 17 (39,44,48,53,58,63,69,75,82,82+ kg) Men: 56, 62, 69, 77, 85, 94,105, 114, 114+ Youth Ages 6 - 7, 8 - 9, 10 - 11 (31,35,39,44,50,56,62,62+ kg) Youth Ages 12 - 13 (35,39,44,50,56,62,69,69+ kg) Teen Ages 14 - 15, 16 - 17 (50,56,62,69,77,85,94,105,114,114+ kg)
Weigh-in	Early weigh-ins is 6:00-7:00 PM the night before group lifters. Regular weigh-ins is 7:00 am to 8:30 am the morning of the applicable lifting session. See lifting schedule.
Schedule	lifting schedule will be determined after all entries are received.

ENTRY FORM	
Event	DAARTTS-HAWAII 2018 AAU Pacific Championships: International Weightlifting, National Bench, Push-Pull and Super Total

Entry	Entry deadline is June 23,2018 (LATE ENTRIES WILL NOT BE ACCEPTED)						
Checks	Checks or money order payable to DAARTTS-HAWAII, (No refunds !!)						
Mail to	DAARTTS-HAWAII 3112 Brokaw st. Apt #112 Honolulu, HI 96815 c/o Donald Crowder						
First name	_____			Last name	_____		
Address	_____						
City	_____	State	_____	Zip	_____	Country	_____
AAU #	_____	D.O.B.	_____	Age	_____	Sex	_____
Email	_____			Phone	_____		
POWERLIFTING (CIRCLE)							
RAW				EQUIPPED			
DIVISION	Youth Teen Junior Senior Sub-Masters Master Lifetime-Masters Law/Fire Military						
Weight class in pounds	Women	97,105 114,123,132,148,165,181,198,198 220, 220+					
	Men	114,123,132,148,165,181,198, 220 ,242, 275,308, 308+					
		Push-Pull	Bench only	Deadlift only			
WEIGHTLIFTING (CIRCLE)							
DIVISION	Youth Teen Junior Senior Sub-Masters Master Lifetime-Masters Law/Fire Military						
Weight class in kilos	Women	31, 35 ,39 ,44 ,48 ,53 ,58 , (Y58+), 63, (Y63+), 69, 75, 82, 82+ kg					
	Men	31, 35 ,39 ,44 ,50 , 56, 62, (Y62+), 69, (Y69+), 77, 85, 94,105, 114, 114+ kg					
		Super total	Weightlifting total	Snatch only	Clean only		
AAU Powerlifting and Weightlifting Waiver and Consent In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC. I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim. The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.							
Signature: _____ Date: _____ Signature of parent or Guardian: _____ if under age 21							