

# Northeast Ohio Gymnastics League March and April



March 2-3, 2024  
April 6-7, 2024  
April 20-21, 2024

Great Lakes Gymnastics	EG, JG, KDG, SGC, TGS
Ohio Gymnastics Institute	CB, EG, JG, SGC, TGS
Ten Point O Gymnastics	GLG, KDG, TF, UG, VG

ENTRY FEE: \$40

ENTRY DEADLINE: 1 month prior to competition

AWARDS: Achievement at events, and placement for all around

FORMAT: Modified Capital Cup

RULES: AAU

ENTRY FEES PAYABLE TO: Host Gym

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

FOR MORE INFORMATION:  
Your event director's info: Thomas Glunt  
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Email Address: [twglunt@yahoo.com](mailto:twglunt@yahoo.com)