



**2022 AAU CROSS COUNTRY DISTRICT QUALIFIER  
OCTOBER 30, 2022**

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU Membership.

AAU memberships may not be included as part of the entry fee to the event. AAU Youth Athlete memberships must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU website: [www.ausports.org](http://www.ausports.org) to obtain membership.

- LOCATION:** ATHLETIC PERFORMANCE RANCH ( AP RANCH)  
1590 RANCH to MARKET RD 2871  
FORT WORTH, TEXAS 76126
- START TIME:** 8:30AM
- AGES:** 8 & UNDER THROUGH 18 GIRLS AND BOYS,
- AWARDS:** MEDALS = TOP 3 IN EACH AGE DIVISION AND GENDER FOR YOUTH  
NO MEDALS AWARDED TO OPEN AND MASTERS AGE DIVISIONS
- ADVANCEMENT:** BOYS & GIRLS 8 & UNDER THRU AGE 18 WILL QUALIFY  
TO THE AAU NATIONAL XC CHAMPIONSHIP
- REGISTRATION:** AAU 2022 Memberships required, go to [ausports.org](http://ausports.org)  
Go to [www.coacho.com](http://www.coacho.com) to register into the meet
- DEADLINE:** CLOSSES ON OCTOBER 28TH
- FEE:** \$ 20 PER ATHLETE - ADD A \$5 LATE FEE PER ATHLETE if paid at the meet.  
Registration fees can be made payable to, and mailed to UYAA,  
P.O. Box 482, Cresson, TX 76035. Include a copy of the online registration  
form(s). Payments received after Oct. 28th will incur a \$5 late fee.
- MEET DIRECTOR:** NICHOLSON SCOTT & JO SCOTT [mytrackmeets@gmail.com](mailto:mytrackmeets@gmail.com)

**THE SCHEDULE OF EVENTS IS LISTED BELOW, IN THE FOLLOWING ORDER**

5000M RUN 15 - 18 AND OPEN / MASTERS  
4000M RUN 13 - 14  
3000M RUN 9 - 10 11 - 12  
2000M RUN 7 - 8  
1000M RUN 6 & UNDER

The gender that competes first in each of the above races will be decided upon at the meet.  
Genders may be combined depending upon the number of registrations.