

# TNAAU - Cheatham County

# Christmas Clash - Beginners

Boys/Girls K-8 Folkstyle Tournament – Beginners (2 years or less experience)

Sunday, December 15, 2024

Cheatham County Central High School

1 Cub Circle , Ashland City, TN 37156

**Tournament to benefit Cheatham County Central Wrestling and Cheatham County Wrestling Club**

Maximum of 250 wrestlers

**Weigh ins:** Sunday, 12/15 Noon – 1pm (at Cheatham County Central High School) using the Madison System – wrestlers will be placed in brackets based on their weight at weigh-ins. Weight cutting is strongly discouraged.

**-Grades K-2 (Boys & Girls):** 40, 45, 50, 55, 60, 72, 80, 95, Hwt

**-Grades 3-5 (Boys & Girls):** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 125, 140, 160, Hwt

**-Boys Middle School (6-8):** 72, 82, 90, 98, 106, 114, 122, 130, 138, 148, 158, 175, 190, HWT

**-Girls Middle School (6-8):** **60**, 70, 80, 90, 105, 120, 140, 160, Hwt

**Wrestling Begins** at 1:30pm – finish

**Tournament Format:** Format will be 4-person round robin. There will be multiple brackets as needed for each weight class. Will try to separate MS Girls into separate division than boys.

**We will follow all rules and regulations set by TNAAU.**

-All matches will be 3 Minute Matches (1-1-1)

-Brackets will be a 4-person round robin

-15-minute rest time between matches.

- Wrestlers are only allowed in one bracket

-Tournament director reserves the right to change/combine weight classes and divisions to maximize the opportunities for the wrestlers.

**\*ALL WRESTLERS REQUIRED TO WEAR HEADGEAR\***

**\*Singlets or Compression shirt and athletic shorts (no pockets)\***

**Entry Fee:** Cost: \$20 plus a current AAU membership card is required.  
Limited to the first 250 wrestlers, registration on [www.trackwrestling.com](http://www.trackwrestling.com) , search “Cheatham County Christmas Clash”. Register Early!!!!

**Admission:** Adults-\$10.00 and children-\$5.00

**Coaches Entry: Current AAU membership card is required to be on the floor coaching an athlete.  
1 coach per 5 wrestlers. Extra coaches’ bands are available for \$10.00 per band. NO EXCEPTIONS!**

Only Coaches with bands will be permitted on the wrestling area.

**The Amateur Athletic Union of the U. S., Inc sanctions this event.**

**All participants must have a current AAU membership.**

**AAU membership may not be included as part of the entry fee to the event.**

**AAU membership must be obtained before the competition begins.**

**Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.**

Tournament Director:

Wayne Camper – [sirbubbabass@yahoo.com](mailto:sirbubbabass@yahoo.com)