



**RISE
&
GRIND**

AAU GRAND PRIX

**RISE INDOOR SPORTS
BERMUDA RUN, NC**

FEBRUARY 25-26, 2023

BOYS DIVISIONS: 14U/16U/18U

GIRLS DIVISIONS: 14U/16U/18U

\$450/TEAM

REGISTRATION OPENS SEPTEMBER 12 ON AES

WINNERS RECEIVE A FREE* ENTRY INTO THE AAU NATIONAL CHAMPIONSHIPS IN ORLANDO, FL (BOYS' & GIRLS' DIVISIONS), THE WEST COAST CHAMPIONSHIPS IN LAS VEGAS, NV (GIRLS' DIVISIONS ONLY), OR THE VOLLEYBALL FESTIVAL IN PHOENIX, AZ (GIRLS' DIVISIONS ONLY).
*WINNING TEAMS IN AGE DIVISIONS WITH 16 OR MORE TEAMS (GIRLS) OR 12 OR MORE TEAMS (BOYS) WILL RECEIVE A FREE ENTRY FEE. IN DIVISIONS WITH LESS THAN 16 TEAMS (GIRLS) OR 12 TEAMS (BOYS), THE ENTRY FEE WILL BE DISCOUNTED.
ALL TEAMS MUST REGISTER FOR THE EVENT BY THE APPROPRIATE DEADLINE. THESE EVENTS ARE OPEN TO ANY TEAM, NO QUALIFYING REQUIRED. FOR COMPLETE RULES AND GUIDELINES FOR SUPER REGIONAL OR GRAND PRIX EVENTS, PLEASE VISIT WWW.AAU.VOLLEYBALL.ORG.
AAU MEMBERSHIP GUIDELINES:
• THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF THE U.S., INC.
• ALL PARTICIPANTS MUST HAVE CURRENT AAU MEMBERSHIP NUMBERS BEFORE COMPETITION BEGINS (PENDING STATUS IS NOT ACCEPTABLE). VISIT WWW.AAU.VOLLEYBALL.ORG TO OBTAIN MEMBERSHIP (CLUB, NON-ATHLETE, AND ATHLETE MEMBERSHIP REQUIRED).
• MEMBERSHIP IS NOT INCLUDED IN THE EVENT ENTRY FEE.
• BE PREPARED: ADULT AND NON-ATHLETE MEMBERSHIPS ARE NO LONGER INSTANT AND CANNOT BE APPLIED FOR AT THE EVENT. PLEASE ALLOW UP TO 10 DAYS FOR MEMBERSHIP TO BE PROCESSED.