





Visegrip Viking® Invitational MAS Wrestling Tournament

Change of date to March 5-6, 2021

HERE WE GO AGAIN! Due to the trajectory of the COVID-19 infection rate in California, we think there's high likelihood that we will be under "Stay at Home" order for a good portion of January. Therefor we are MOVING the events that were originally scheduled for December and then moved to January, to the weekend of March 5th through 7th 2021.

MAS Wrestling is an ancient sport, the modern version is brought to us from Yakutia (far northern region of Siberia in the Russian Republic of Sakha). Variation of the sport is found in many cultures including being a favorite of the Vikings in the Scandinavian countries, as well as the Eskimos of North America (Eskimo wrestling, which is part of the Eskimo Olympics), Athletes sit in front of each other, prop their feet against the board that divides the competition arena and pull on a short stick. An athlete wins the bout if he/she pulls the opponent over with the stick or pulls (snatches out) the stick from the opponent. Best two of three bouts win the match.



Regulations











1. Goals and objectives

- Tournament is held with the aim to popularize and develop Mas-Wrestling in the world.
- Objectives:
 - Strengthening friendly sportive relationship among countries.
 - Determination of the Mas-Wrestling strongest athlete in contested weight categories.

2. Time and competition venue

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996 Lawrence Drive Newbury Park, Ca. 91320

Friday

2:00pm to 6:00pm **Registration and weigh-in Saturday**

8:30am to 9:30am Late registration and weigh-in

10:00am MAS Wrestling Tournament Preliminary Rounds

1:00pm MAS Wrestling Final Rounds and Award Ceremony

3. Participants

Entry fee: \$50.00 due by February 14, 2021; late entries \$75.00 https://maswrestlingusa.com/2020-olympia-weekend-registration-mas-wrestling

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.

USA athletes must be a current member of **MAS Wrestling USA** (memberships \$19 per annum available at

http://maswrestlingusa.com/membership-form) and the **AAU**: AAU membership card \$24 Adult for US residents/citizens, **International Adult Athletes must submit application and pay \$45,** (Sept. thru Aug.).









AAU cards are available at https://aausports.org/Membership Please specify POWERLIFTING as the sport. All cards must be purchased online prior to the competition, and presented at the weigh-in. As part of the CARD process, all athletes age 20+ will have background check performed. This process may add a week to card approval.

TESTING: Any athlete entered may be subject to drug testing per AAU procedures.

All athletes must have sportswear according to Mas-Wrestling rules:

- Men special sportswear for Mas-Wrestling of the prescribed sample by the IMWF tight-fitting or free-breed shorts for Mas-Wrestling (red and blue), sports shoes without spikes.
- Women special sportswear for Mas-Wrestling of the prescribed sample by the IMWF tight-fitting or free-breed shorts for Mas-Wrestling (red and blue), sports jersey or T-shirt, sport shoes without spikes.

4. Conditions of the competitions

MEN's weight categories are -90kg (-198lb); -105kg (-231lb; and Absolute/Open +105kg (+231lb), and WOMEN's weight categories are -70kg (-154lb), and +70kg (+154lb). Weight categories with 2 or less athletes merged with next higher weight category; weight categories with 3-5 athletes conducted in Round Robin format; and weight categories with 6 or more athletes conducted in the actual International Mas-Wrestling Federation Rules Article 2.1 by the System with elimination after 2 (two) losses.

5. Awards

Sculpted Trophies to winner of each weight category. Top three athletes (1st, 2nd and 3rd place) in each weight category are awarded with medals.















6. Hotel Information Summary:

The Training Hall events Start Date: Friday, March 5, 2021 End Date: Sunday, March 7, 2021

Last Day to Book:

Hotel(s) offering your special group rate:

Courtyard Thousand Oaks Ventura County for 85 USD per night

Book your group rate for The Training Hall events



