



## BIG CAT DIVING CLUB

Dear Coaches and Parents:

We would like to invite you all to the Houston Holiday Hoedown on December 2nd and 3rd, 2023. We will be hosting this event at the University of Houston Recreation and Wellness Center on the University of Houston main campus. We hope you will come and enjoy this beautiful facility and we hope to make this meet as fun as it always is.

Please register online at [www.divemeets.com](http://www.divemeets.com)

### HOTELS

**UH Hilton on campus** - right across the street from the pool Phone number:  
1-800-468-3584

**Westin Houston Medical Center** 10 min drive 1709 Dryden Rd., Houston, TX, 77030  
Phone number: 713-730-2404

**Holiday Inn Downtown** 5 min drive 1616 Main St, Houston, TX, 77002  
Phone number: 713-658-8888

Medals for top 3 places and ribbons for 4-6 place finish

T-Shirts - A google doc. e-mail will be sent out for pre-order. There will be limited extra shirts available in the lobby.

**Important Info:** Due to construction, entry into the diving facility is through the specified entrances only - maps are attached. You will need to either bring a signed copy of the Rec. waiver sent to coaches or fill one out on site with a **parent/guardian signature** to receive a deck pass. We will have the meet entry table and registration table at the athlete entrance. Please be aware that no athletes or parents may enter any other part of the facility. No parents will be allowed on deck - spectator stands only!

**DATE:** Saturday/Sunday, December 2-3, 2023

**EVENTS START TIME - NOTE DIFFERENT TIMES EACH DAY:** Saturday - 9:15AM, Sunday - 8:15AM

**MEET SITE:** The University of Houston Campus Recreation and Wellness Center

Address: 4500 University Drive; Houston, TX 77004

Phone: 713-743-PLAY

Parking: See Attached Maps

**FACILITY:** Two 1 M Maxiflex, Model B diving boards  
Two 3 M Maxiflex, Model B diving boards  
1M, 3M, 5M, 7.5M and 10M Platforms  
Pool Depth: 17 feet

**SANCTION:** This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU youth membership must be obtained before the competition begins. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

**ENTRY FEES:** \$55 per Event - Register at [www.divemeets.com](http://www.divemeets.com)

**LATE FEE:** \$75 Begins Monday, November 27th, 2023 at 9AM

**REGISTRATION CLOSURES:** Friday, December 1st, 8PM; dive changes online at [divemeets.com](http://divemeets.com) until 8pm night before. **\$100 late fee for on deck entries/\$50 for dive changes on deck (after 8pm the night before).**

**CHECK IN:** There will be a check-in table at the temporary Athlete/Coach entrance.  
All divers and coaches must check in and turn in a signed waiver to receive deck pass!

**MEET DIRECTOR:** Stephanie Gunter  
[bigcatdiving@sbcglobal.net](mailto:bigcatdiving@sbcglobal.net)  
281-658-6399 cell

**AWARDS:** Medals 1st through 3rd place; Ribbons 4th through 6th

**MEET APPAREL:** T-shirts will be available for pre-sale via google doc. and limited supply in the parent entrance. If you want your child's name to appear on the competitors list, please register on [www.divemeets.com](http://www.divemeets.com) by Tuesday, November 21st or purchase/order a shirt by then.

**WORKOUTS:** Friday, December 1st - 4:00 - 6:45PM - OPEN WORKOUT  
Coach must be present!  
Saturday, December 3rd - Open Novice/FC Warm Up ONLY 8:00am to 8:45am  
Sunday, December 4th - Open Novice/FC Warm Up ONLY 7:00am to 7:45am  
There will be a one & 1/2 hour Flighted JO Warm up between Novice Event and Platform Event. A timeline will be sent out to the coaches.

### Saturday, December 3rd

	8:00-8:45	Novice FC Open warm-up	
	8:45-9:10	1st event warmup	
National Anthem	9:10		
		<b>1 meter</b>	<b>3 meter</b>
Event 1	9:15	FC 9&UG, 10-11G, 12-13B, 14-18B	FC 9&UB, 10-11B, 12-13G, 14-18G
	20m	event warm-up	
Event 2		Nov 9&UG, 10-11G, 12-13B, 14-18B	Nov 9&UB, 10-11B, 12-13G, 14-18G
J.O. Warm-up	1.5 hour	Flighted Warm Up for Springboards	Open Warm Up for Platform
Event 3		Girls Platform	
	30m	event warm-up	
Event 4		J.O. Boys Group A, E	J.O. Boys Groups B, C, D
	30m		
Event 5		J.O. Girls Groups B, C, D	J.O. Girls Group A, E

### Sunday, December 4th

	7:00 - 7:45	Novice FC Open warm-up	
	7:45-8:10	1st event warmup	
National Anthem	8:10		
		<b>1 meter</b>	<b>3 meter</b>
Event 6	8:15am	FC 9&UB, 10-11B, 12-13G, 14-18G	FC 9&UG, 10-11G, 12-13B, 14-18B
	20m	event warm-up	
Event 7		Nov 9&UB, 10-11B, 12-13G, 14-18G	Nov 9&UG, 10-11G, 12-13B, 14-18B
J.O. Warm-up	1.5 Hour	Flighted Warm Up for Springboards	Open Warm Up for Platform
Event 8		Boys Platform	
	30m	event warm-up	
Event 9		J.O. Girls Group A, E	J.O. Girls Groups B, C, D
	30m		
Event 10		J.O. Boys Groups B, C, D	J.O. Boys Group A, E