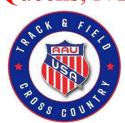
# NY Metropolitan AAU Track & Field District JO Qualifier

*June 5, 2022*Queens, NY



**DATE:** June 5, 2022

LOCATION: Roy Wilkins Park Track

**Foch and Merrick Blvd** 

Jamaica, NY 11434

HOST: Meet Director. (718) 764-7791,

(718) 213-2305, rhappenin@gmail.com

ENTRY DEADLINE: June 1, 2022 on coach o.com

FEE: \$20 per event

**AGE:** 6- 18

TIME: 8am – 5 pm

### **ORDER OF EVENTS**

(This is a tentative schedule)

#### **RUNNING EVENTS - 8:00 a.m.**

3000M Run 1500M Walk F

3000M Walk F

4 x 800 Relay FT 200 Hurdles (5-30) F T

400 Hurdles (10-30) FT

400 Hurdles (10-36) FT

1500 Meter FT 4 x 100 Relay FT 400 Meter FT 80 Hurdles (8-30) FT

100 Hurdles (10-30) FT

100 Hurdles (10-33) FT

110 Hurdles (10-39) FT

800 Meter FT

200 Meter FT

4 x 400 Relay FT.

## **Field Events**

**Long Jump** 

**Triple jump** 

**Shot Put** 

Turbo javelin

Competitors should bring their own implements to be used at Meet.

# THIS WILL BE A ROLLING SCHEDULE, MEET MANAGEMENT WILL NOT BE RESPONSIBLE IF YOUR ATHLETE MISSES THEIR EVENT. Please listen out for your event.

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

#### FOR MORE INFORMATION:

Meet Director: Coach Wilkerson (718) 949-5511 | metroeaglestrack@gmail.com Metroeagles.org