

TRISTATE TOUGHGUY AND TOUGHGIRL FALL SERIES

30 SEPTEMBER **EVENT #5**
 TROY UNIVERSITY - ELM STREET GYM - 805 ELM STREET, TROY ALABAMA, 36081
*Custom Medals & for Top 3.
 Team Awards for Top 3!!*

ATTEND 4 QUALIFIERS TO EARN A SPOT IN TRISTATE CHAMPIONSHIPS
 WHERE WE'LL BE GIVING OUT SINGLETS, BELTS, KNEEPADS, HATS & MORE

WWW.GRAPPLINGHOUSE.COM/TRISTATE

 *All events run on Rapid Brackets. Get start & end times in advance. Quick brackets, text message updates through the events. Visit our series website for More Details...*

 SCAN FOR DETAILS

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.