2022 Track & Field Season Finale
3rd Annual Helen Scott-Owens Invite
July 23, 2022

Oswego High School - Oswego, IL
Hosted by Rush Athletics USA

AGE: 6 - 18 (age as of 12/31/22), Open, and Masters

REGISTRATION: **Registration opens June 21, 2022 and closes July 19th with late registration accepted until July 21st. Each athlete must register online at www.coacho.com. Only online payments will be accepted. Cash, checks, and money orders will not be accepted. NO REFUNDS --- REFUND WILL BE ISSUED ONLY IF THE MEET IS CANCELLED!**

ENTRY FEE: **$8.00 per event per athlete (Relays $28) - June 21st - July 19th**
LATE-ENTRY FEE: **$10.00 per event per athlete (Relays $32) – July 20th – July 21st**

AWARDS: **There will be medals for 1st – 8th place. 12U and 13 & Up division winner will be given. In addition, overall top 3 youth teams AND overall top 3 teams awards will be given to the top three scoring youth teams and overall teams. MVP awards given for 12U and 13 & Up athletes.**

RULES: **The meet will be conducted under the competitive rules of the AAU National Governing Body.**

This event is licensed by the Amateur Athletic Union of the U. S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.
AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:
Your event director's info go to ilrushclub.org
Contact: Coach Nicole Lincoln at 815-556-9650
Email Address: illinoisrush@gmail.com

DATE: **Saturday,** July 23, 2022 (Field at 8am, Running at 9:30 – schedule posted on coacho.com)

LOCATION: Oswego High School
4250 Rte 71
Oswego, IL 60543

ADMISSIONS: **Admission** $10 for Adults / $5 for Children 6 to 12 / Children 5 and under FREE

Restroom: *Restrooms and Porta Potties available*.

SEATING &   Tents allowed in designated areas only. Tents will be allowed in Visitor side bleachers.
TENTS: Teams can choose a tent spot in designated tent area

PARKING: Parking is **FREE!**

RUNNING EVENTS: Athletes will report to the Clerk of Course for check-in.

FIELD EVENTS: Athletes will report to the field event for check-in.

RULES: The meet will be conducted under the competitive rules of the AAU National Governing Body.

CONDUCT & Oswego High School stadium and athletic fields are tobacco and alcohol free. ***All music must***
FACILITY: ***be appropriate music! Pets are not allowed.*** Athletes and spectators shall conduct themselves in a manner, which respects the rights of others and reflects favorably upon the AAU.

AWARDS: There will be medals for 1st – 8th place.

PACKET PICK-UP: Coaches/Club Athletes/Unattached Athletes can pick up their meet packet/bib number at the c heck-in area identified outside of the stadium on **Saturday** beginning at 7:15 AM

CONCESSIONS: Concessions Available! Coolers are acceptable – no glass bottles please. Personal grills & barbeque pits are not allowed on the premises.

Medical assistance will be available. Events will be combined at the discretion of the meet director in order to expedite the overall meet, while ensuring fair competition.

Events Contesting:
200H/400H (13-14/15-16, 17-18, Open, Masters)
3000m (11-12, 13-14/15-16, 17-18, Open, Masters)
4x800m
100m (All divisions)
800m (All divisions)
80/100H/110H (11-12/13-14, 15-16, 17-18, Open, Masters)
4x100m Racewalk relay (exhibition event for coaches, parents, family and friends)
4x100m Relay (All divisions)
400m (All divisions)
1500m (All divisions)
200m (All division)
4x400m (All division)
Long Jump (All division)
Triple Jump (13-14/15-16, 17-18, Open, Masters)
High Jump (9-10, 11-12, 13-14/15-16, 17-18, Open, Masters)
Shot Put (All divisions)
Discus (11-12, 13-14/15-16, 17-18, Open, Masters)
Javelin (All divisions)