

North Carolina AAU
Track and Field
Mountain Island Fall Track Series
September 25, 2020
Hosted by Carolina Cavaliers
Carolina Cavaliers, Waxhaw, NC

AGE GROUPS: 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$10.00

ENTRY FEE PAYABLE TO: Cash only @ event-\$10 per event.

ENTRY DEADLINE: September 24, 2020

AWARDS: Register on Milesplit, starting 9/13/20
\$10 per event

RULES: The meet will be conducted using high school rules
Events will be limited to 20 girls/20 boys in each event.
Events:100m, 200m, 400m, 800m, 1600m, 100 & 110 hurdles; long, triple & high jump, pole vault, discus & shot put
Max of 4 events per athlete

**FUTURE MEETS IN SERIES ON OCTOBER 16, 2020 AND
NOVEMBER 6, 2020**

ADDITIONAL INFO: Meet will take place at Mountain Island Charter School Track
Address: 13440 Lucia Riverbend Hwy
Mt. Holly, NC 28120
MEET STARTS AT 5:30PM

ALL IN ATTENDANCE MUST PRACTICE SOCIAL DISTANCING.

- Athletes:**
1. Are allowed a maximum of two spectators.
 2. You must bring a face mask to cover your face when you are not competing. You will not need to wear face covering when you are competing.
 3. Must bring your own water bottle (Water will be provided to Refill bottles)
 4. Will be screened by having temperatures taken with non-oral thermometer
 5. Must bring your own Sanitizer and Sanitize hands before and after races

Spectators:

1. Must wear a mask in facility
2. Will be screened when entering the Gates by having temperature taken
3. Must practice social distancing for personal safety and in showing respect for others. No stadium seating!!!

Facility Rules:

Check in procedure Each event has a designated screening/check-in time. You will not be able to enter the track before the previous events athletes and spectators have cleared the facility.

Spectators/coaches are required to check in at the same time as their athletes. You will not be admitted separately.

There is a maximum of two spectators per athlete.

FOR MORE INFORMATION:

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