



SHOO REI KAI
Karate Do
Shito Ryu



Seminar Explosive Kumite

Presented by:
Omar Ocampo



• **Kumite** BYSG (Bring Your Sparring gear)

- 5th Dan Shoto Kan Karate
- AAU Karate National Marketing Director
- AAU Karate National Team Coach
- WUKF Coaches Comittee Member
- Multiple AAU Karate Regional and National Champion
- WUKF World Champion
- Chief Instructor of Midwest Karate Do

3407 N Ridge Ave, Unit B, Arlington Heights, IL, 60004
Participant Admision: \$50 before Nov 2
Day of event: \$65

November 4, 2022 6:00 PM – 8:00 PM
November 5, 2022 1:00 PM – 3:00 PM
Information: (224) 243 7169

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.