

AAU
Track & Field
District Qualifier
June 3, 2023
Tampa, FL



DATE: June 3, 2023

LOCATION: Gaither High School
16200 N Dale Mabry Hwy
Tampa, FL 33618

HOST: Trailblazers Youth Athletic Ministry, Inc.

FAT: Miles and Minutes Timing

ENTRY DEADLINE: May 30, 2023 at 11:59 pm – online registration at CoachO.com

ENTRY FEE: \$25

ADMISSION: \$10 PER SPECTATOR (CASH ONLY), CHILDREN 3 & UNDER FREE

TIME: FIELD EVENTS WILL START AT 8 AM / TRACK EVENTS WILL START AT 8:30 AM

AGE DIVISION: Participants will be divided into nine (9) age divisions for boys and girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.

ELIGIBILITY: Competition is open to all boys and girls who have a valid/current AAU registration card and currently reside in the Southeastern District AAU. For AAU Team and individual registration please visit the AAU web site at: www.aauathletics.org/

EVENTS LIMITS

? There is a three (3) event maximum for the 8-Under thru 12-year-old divisions. There are four (4) events maximum for 13–18-year-old divisions. EVENT MAXIMUM includes RELAYS AND FIELDS EVENTS. Team members must be declared with alternates (up to 8 athletes total per relay team). AAU Age Divisions will be followed.

? To find which events are contested in each age group visit <http://aaathletics.org/Rules/RulesHandbook.aspx>

EVENT SCHEDULE

? The meet will run on a rolling schedule moving from youngest to oldest age groups; Girls first, then Boys to follow in each age group

? All races are section time finals - NO PRELIMS

? 3 jumps/throws for horizontal jumps/throws

? Field events will start at 8:00 AM, Running events will start at 8:30 AM YOU ARE HEREBY NOTIFIED THAT THE

****MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE**

FIELD EVENTS – 8:00AM

(Competitors need to bring their own implements to be used at the meet)

Long Jump 8 and under, 9GB, 10GB, 11GB, GB 17-18WM, 15-16GB, 14GB, 13GB, 12GB

Triple Jump Girls and Boys Triple Jump will start 30 minutes after the end of Long Jump beginning with 13G,14G,15-16G,17-18G

Boys Discus (1.6kg): 11,12,13,14,15-16,17-18

Girls Discus (1.0kg): will start immediately at the end of Boys Discus beginning with 11,12,13,14,15-16, 17-18

Girls High Jump 9,10,11,12,13,14,15-16,17-18

Boys High Jump will start immediately at the end of the Girl High Jump beginning with 9yr olds

Boys Shot Put 8-Under (4lbs.) 9B,10B,11B,12B (6 lbs.) 13B,14B (4 kg) 15-16B (12 lbs.) 17-18B(12lbs)

Girls Shot Put will start immediately at the end of the Boys Shot Put, beginning with 8-Under Girls

Girls Javelin 13, 14, 15-16, 17-18; Boys Javelin will immediately follow

Turbo – Jav 8-Under(300g), 9 - 12 (400g); all girls, then all boys

- Athletes will get 3 attempts in LJ, TJ, SP, DIS and Turbo Jav. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY – at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

RUNNING EVENTS – 8:30AM

(All running events will be contested as a timed Finals) Rolling Schedule subject to change as needed.

3000m Run 11y through 18y Girls, 11y through 18y Boys (combined heats)

1500/3000 Race Walk 9-12yr old G&B (1500); 13-18 G&B (3000)

1500m Run 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM (combined heats)

80m Hurdles 11GB, 12GB

100m Hurdles 13GB, 14GB, 15-16G, 17-18W

110m Hurdles 15-16B, 17-18M

100m 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

4x 800m Relay 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18GB

400m 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

400m Hurdles 15-16GB, 17-18WM

200m Hurdles 13GB, 14GB

4 x 100m Relay 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

800m 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

200m 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

4 x 400m Relay 8&U-GB, 9GB, 10GB, 11GB, 12GB, 13GB, 14GB, 15-16GB, 17-18WM

COACHES PASS

• Five (5) is the maximum number of complimentary Coaches Credential passes that will be issued to any given club.

• Clubs/teams will receive coach's credentials (passes) based on the following formula:

? 1-10 Athletes One (1) Coach's Pass per club

? 11-20 Athletes Two (2) Coach's Pass per club

? 21-30 Athletes Three (3) Coach's Pass per club

? 31-40 Athletes Four (4) Coach's Pass per club

? 41+ Athletes Five (5) Coach's Pass per club.

? Coaches and Athletes must have a wristband to enter the meet.

SPECIAL NOTE

1) Some distance races may be combined due to the number of participants.

2) ALL 15-16 & 17-18 AGE MUST USE STARTING BLOCKS.

-This event is licensed by the Amateur Athletic Union of the U.S., Inc.

-All participants must have a current AAU membership.

-AAU membership may not be included as part of the entry fee to the event.

-AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED: ADULT AND NON-ATHLETE MEMBERSHIPS ARE NO LONGER INSTANT AND CANNOT BE APPLIED FOR AT AN EVENT.

Due to background screenings processed, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

? Note: any contacts listed within this MUST have a current AAU Membership.

Contact if you need additional information: Meet Director: Tia Peoples Email: tyamcoachtia@yahoo.com