

**North Carolina AAU  
Gymnastics  
Foothills Frostbite Invite  
January 6 - 7, 2024**

**Hosted by Foothills Gymnastic Training Center  
Foothills Gymnastics, Hickory, NC**

<b>AGE GROUPS:</b>	Youth Level 1, Youth Level 2, Youth Level 3, Youth Level 4, Youth Level 5, Youth Level 6, Youth Level 7, Youth Level 8, Youth Level 9, Youth Level 10, Youth Open Optional, Youth Copper, Youth Bronze, Youth Silver, Youth Gold, Youth Platinum, Youth Diamond, Youth Sapphire, Youth Sapphire, Youth Coed, Youth Special Stars, Youth Boys 4X4, Adult Bronze, Adult Silver, Adult Gold, Adult Platinum, Adult Diamond, Adult Open Optional, Adult Coed, Adult Special Stars
<b>ENTRY FEE:</b>	<b>\$85.00</b>
<b>ENTRY FEE PAYABLE TO:</b>	<b>Foothills Gymnastics Training Center</b>
<b>ENTRY DEADLINE:</b>	<b>December 09, 2022</b>
<b>SIGN UP AT:</b>	<b>meetmaker.com</b>
<b>AWARDS:</b>	<b>50% + 1 events, 100% all around</b>

**FOR MORE INFORMATION:**

Shawn Francis Bryant  
shawn@foothillsgym.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.